



EASTER 2022



St Angela's Ursuline School Newsletter



Easter's Blessings

*Bring us
Peace*



Dear Parents and Carers,

As we enter the Passiontide of the Easter season I know your thoughts like ours in school will be on the people of Ukraine at this time. As we go about our daily lives, much of which is marked by the passage of time and annual events like Easter, it is difficult for us to truly comprehend the devastation of that land and the suffering and misery being created. Even worse that it has become an almost normalised part of daily news around the world.

Easter time has always been a time for us as Catholics and Christians to contemplate and search our hearts, a time to reflect on the year just gone and how we have lived our lives hopefully for the good of others and in helping those around us grow in love, safety and peace. We pray and hope that leaders in Russia and around the world do just the same in their daily work.

It has been a joy this term to watch the school continue to grow back to the full community it had been. Though we live now with COVID, which continues to have an impact especially on the staff of the school, we have regained many of the fabulous activities that make up the extra curricular life of the school - many of which are shared with you in this Newsletter. I want to thank everyone for the hard work it takes to achieve this feat and of course for the charity fundraising that has been so important this term especially for Ukraine.

As such I leave you with this important prayer:

*A Prayer for Ukraine
Loving God,
We pray for the people of Ukraine,
for all those suffering or afraid,
that you will be close to them and protect them.
We pray for world leaders,
for compassion, strength and wisdom to guide their choices.
We pray for the world
that in this moment of crisis,
we may reach out in solidarity
to our brothers and sisters in need.
May we walk in your ways
so that peace and justice
become a reality for the people of Ukraine
and for all the world.
Amen.*

Yours in service

Mr M Johnson
Headteacher

Charity



White Ribbon - Love Grace Campaign

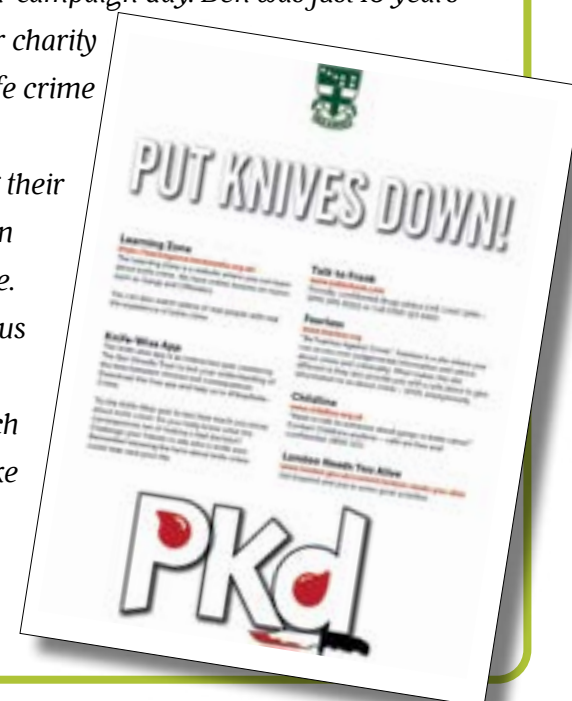
The Love Grace Handbag Appeal was set up by Grace's family and friends as a legacy in Grace Millane's name, to help women that have been affected by domestic violence. This year, students brought in supplies for those in need. All contributions were donated to the Love Grace Campaign to help women who have been affected by domestic abuse.

Put Knives Down - Student Led Campaign

This term the school linked up with the Ben Kinsella Trust to both educate and fundraise for victims and families in London. Thanks to your amazing support, £650 was sent through to the trust. The trust sent through the following message- *I want to thank the pupils and staff at St Angela's Ursuline School for nominating the Ben Kinsella Trust as their chosen charity for campaign day. Ben was just 16 years old when he was murdered in an unprovoked knife attack in 2008. Our charity was set up by his sister Brooke, and her family to campaign to stop knife crime and to educate young people about its dangers.*

Last year (2021) was a tragic year for London, with 30 teenagers losing their lives to violent crime. This is the highest number of teenage murders on record for London. We don't want anymore lives to be lost to knife crime. But to achieve this we need your help. We need your donations to help us to provide anti-knife crime workshops at our exhibitions and add new resources to our online LearningZone. This year (2022) we want to reach out to more young people than ever before so we can help them to make positive choices to stay safe.

Thank you for your amazing support. Regards Patrick Green | CEO
PKD logo designed by Joyce



Brilliant Club

Year 10 Brilliant Club

The Brilliant Club Scholars Programme is a university-style course that challenges students to go beyond their academic abilities whilst being taught by an expert Ph.D. tutor. This year our main question was 'What is Transborderism? Exploring the US - Mexican border' and discovering more about what happens at this geopolitical border.

I enjoyed this programme as it allowed me to expand my essay writing skills to the maximum of my abilities and progress throughout the course. Learning about new things and how a border can affect people's lives today was very intriguing as I had never thought about that before. I was able to apply my knowledge in other essay subjects like History to write in-depth essays. Brilliant club taught me there's never an end to your knowledge and that there's a lot more to learn and study out there in the world. I am very thankful for the opportunity and I hope others will get to experience and enjoy it as much as I did.

Katherine Year 10

Year 8 Brilliant Club

I received the chance to take part in the Brilliant Club and my experience has been very positive. Brilliant club is led by a PhD tutor and the programme enables students to have university-style tutorials to develop skills, confidence and comprehension to be able to apply to competitive universities.

We have tutorials as a group of twelve and had the opportunity to learn about diseases. We have completed a few essays on how these diseases ultimately affect the world and what we can do to prevent them. The sessions are intriguing and we have the chance to engage in a range of different questions. Personally, I have learnt a lot from these tutorials and have developed my understanding of University life, and I will be thrilled if chosen again to have another experience in this club!

Currently, we are working on finishing our final essay of 1500 words! This will then be marked to university standard. After this is marked we can graduate at the end as if we were at University.

Tara Year 8

Teresa's Brilliant Club Spokescholar graduation speech

Good afternoon.

My name is Teresa Salinas and I attend St Angela's Ursuline School.

We are all so fortunate to be here and to have had this opportunity, thanks to the hard work of so many people.

One of these people was my determined but forever supportive PhD tutor- Mabel Meneses. For 6 weeks she ensured that transborderism, specifically at the US - Mexico border, infiltrated my brain.

While I wasn't instantly engaged with this topic, I quickly began to find it fascinating. I found I was interested in the stories and behaviours of people living in transborder communities. I was shocked, and impressed, in equal amounts, that some students were getting up at 3-am, to cross the border, to get to school on time, every day.

It definitely isn't as straightforward, as 'grabbing your zip card' and catching the bus for 15 minutes!

My final essay was on the question "What is Transborderism?", where I developed on what transborderism is, examined case studies of people surrounding the US - Mexico border, and discussed how it affects the communities around it.

Having worked through all of that – the conclusion I arrived at for my final assignment was:

- The power imbalance is heavily weighted in favour of the US
- The process of border crossing, is subtly working to erase Mexican culture and replace it with the US way of life.

- This suggests that one of the defining characteristics of transborderism is living in a constant, power, imbalance.

I achieved a 1st in my essay and this for me was one of the best things about the Brilliant Club! It showed me that even though I knew nothing about transborderism to start with, I was able to use skills I already had, and new ones I learnt along the way, to construct my final essay. The Brilliant Club gave me a whole new perspective on the different standards of work expected of us between secondary school and university. I think I wrote more pages for my essay than I have all year in English!

One thing I struggled with at the start was that I found I had no knowledge of my topic. I didn't even know that transborderism was a word when I started Brilliant Club and was then expected to write 2500 words on it in just 6 weeks.

I'm sure our experience of being Brilliant Club Scholars has left us all with a deeper appreciation for what hard work can achieve. Even though sometimes things can seem overwhelming at first, if we break them down into small pieces and persist- (even when you'd rather be binge watching netflix), we'll get there in the end.

And now, on behalf of all of us from St Angela's, I'd like to thank our school librarian Ms Bacon, for organising the logistics of this for us.

Thank you, Mabel, for bringing this topic to life, and for your continued encouragement.

And finally, I'd like to thank the Brilliant club for this amazing opportunity provided for us.



SPRING TERM

Rise Up Days

Our Ursuline Student Profile lessons within Rise Up Day this term were driven by student led planning. The students designed a session launching their anti knife crime campaign- Put Knives Down. This term the school linked up with the Ben Kinsella Trust to both educate and fund raise for victims and families in London. We look forward to reporting back on the next stages of the campaign.



Students have really enjoyed our recent Rise Up days. They were filled with discussions, debates, discovery and lots of learning. Students have been so mature and reflective of all the topics. They especially enjoyed learning basic first aid skills and how to conduct a primary survey.



SiLENT

On Friday 25th March, all KS3 students completed a sponsored silence for the SiLENT in partnership with Million minutes. Million Minutes are a charity who work to support vulnerable young people who do not have a voice in the society today. The average young adult in the UK spends 80 minutes a day on social media, so this mirrors this time. The aim of this sponsored event was that all students raise/ donate at least £1 to support this very important charity. It was a great way to use the power of silence for good.

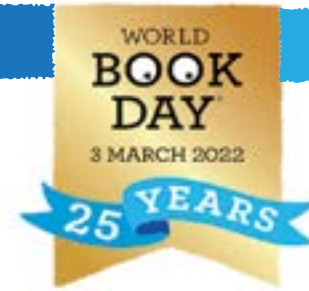


All the topics covered ensure that we are meeting the statutory guidance from the government on PSHE.

Topics covered so far:

- Self examination
- Equality Act 2010
- First Aid
- Modern day slavery
- Sleep
- Personal hygiene
- Dental health
- Relationships
- British values
- Finance and money management
- Drugs and Alcohol





World Book Day is a celebration marked in over 100 countries aimed at encouraging children to read and it's long been a highlight of St Angela's reading activities calendar. Staff and students from across the school transformed themselves into their favourite characters in celebration of World Book Day.

We had 101 dalmatians teaching MFL, luckily they managed to evade Cruella. Whilst our English department stepped through the back of the wardrobe into Narnia, our humanities and computer science teachers found Willy Wonka's golden tickets and took a trip to his chocolate factory. Sherlock Holmes has been put onto the case as it's highly suspicious that all the golden ticket winners were from the same office! Take a look at the pictures showing staff and students in their amazing costumes.

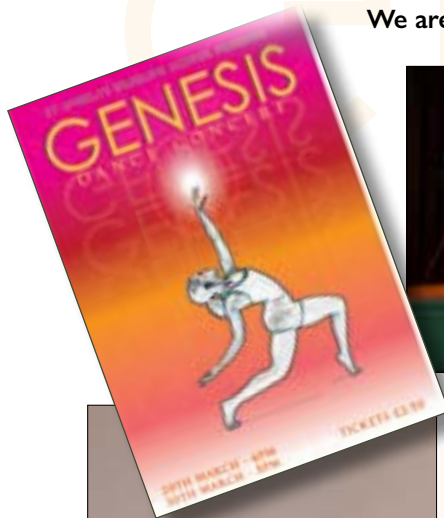
In addition to all the wonderful activities in the classroom, students were able to trade their world book day voucher for a free book in the TLC. If you haven't used yours yet, pop in, there's a book waiting for you.



GENESIS

DANCE CONCERT

Our Genesis Dance Concert represented the commitment and energy of Dance at St Angela's.
We are very excited to be back dancing to a live audience after two years.



TELCO Conference with Bishop Alan

On 24th February, five Year 10 representatives attended a conference at St Bonaventure's school which was presided by Bishop Alan. It explored issues linked to catholic social action in the local community such as the living wage campaign. It was inspiring to hear about all the projects undertaken in the Newham community by schools and parishes and Monsignor John Armitage also gave a brief yet powerful talk on the origins of catholic social justice in the east end of London. The girls will be working towards setting up their own project in the coming months.



Jack Petchey Awards

A big thank you to Jack Petchey as the grant money received from the achievement awards has brought lots of benefits to our students. The awards money has been spent on lots of resources for all our extra curricular clubs, items for departments, stress balls, revision cards, highlighters and even a wellbeing treat of an advent calendar for all students.



National Tutoring Programme

Many Year 11 students have continued to work tirelessly to support their learning by attending weekend tutoring sessions via the National Tutoring Programme this term. This wonderful opportunity has provided Year 11 students with additional online tutoring to support them as they prepare for their GCSE examinations this summer. Tutoring has taken place virtually and has been led by qualified teachers in either English or Maths.

Feedback from the Year 11 students involved in the programme has been positive. Students have developed their knowledge and understanding of topics in preparation for their summer examination.

Well done to all of the Year 11s who have attended these sessions on a Saturday morning.



"Blessed is the king who comes in the name of the Lord! Peace in heaven and glory in the highest!"

Luke 19:38

HEAD OF YEARS

Year 7 were so pleased to attend their first Mass on St Angela's Day at St Antony's Church and experienced the rousing School Song sung by two year groups for the first time. At the end of the Mass Year 7 received their coveted Class of 2026 St Angela's badges, which they are now proudly wearing on their lapels. Year 7 have continued to go from strength to strength with regard to focus in lessons and I have no doubt this will be rewarded with fantastic results at the end of Year 7. Keep up the excellent effort ladies!
Ms Peacock - Head of Year 7

Year 8 have continued to grow and adapt to their journey at St Angela's. They have adapted well to their new bubble rooms of Brescia Building and have continued to show that they are determined to succeed in their studies. This term students have had the opportunity to take part in a number of activities that have enabled them to grow as learners. Students have taken part in academic coaching with Post-16 tutors, begun a morning reading session in the TLC and have taken part in the Team Up provision. Attendance at all of these sessions are excellent and students have proven their commitment both inside and outside of the classroom.

Students have also been committed to engaging with activities alongside the school curriculum. Grace in Year 8 was able to come up close with a tortoise and we had a number of Year 8 students be awarded with prizes for their participation in National Pi Day! A big well done to Kristina, Favour and Aliyah for your efforts! As we move into the next term, I am confident that Year 8 will continue to build on their knowledge in order to become successful in their end of year exams. Keep showing your commitment ladies and I look forward to seeing more of your success in the next term.

Ms McKenzie-Gray - Head of Year 8

Year 9 have had a very busy half term and as always, they have risen to the challenges with great enthusiasm and their characteristic sense of humour. Students have been busy focusing on their academic coaching and mentoring with our A Level students. It is fantastic to see the levels of engagement and commitment from those attending and they have really fostered fantastic working relationships with our older role models in the school. Year 9 students are also working on their reading skills every Friday morning in the TLC with our lovely librarians and some of our English teachers. They continue to immerse themselves fully in all the school has to offer. I was incredibly proud of how the girls approached their market day activity to help them make their selections for their GCSE options. They are busy engaging with the careers advisor and Heads of Departments and subject teachers to help them make their final decisions.



Keep up the excellent effort in all that you do ladies
Mr Mason- Head of Year 9



Year 10 are now a full two terms into their options subjects and have had a range of opportunities to widen their subject knowledge, through a range of projects facilitated by Mr Jarvis. This term's Rise Up Day for Year 10 was dedicated to the Speak Out Challenge, facilitated by Jack Petchey. The students took part in a range of workshops to develop their speeches- considering subject matter, use of persuasion/ emotions and their delivery techniques. The range of speeches delivered was amazing; ranging from life in London to career aspirations. Year 10 students have also completed their Work Experience this term and we would like to thank parents and carers for their support in filling in applications, visiting work placements for interviews and supporting students in attending their placements. The students have been placed at a huge variety of work areas and many in schools, which of course I am delighted to report as they will make fantastic teachers of the future! Well done to one and all.
Ms Siaw- HOY Year 10

Year 11 have continued to demonstrate excellence in their work ethic. This term they have been busily preparing for their March mocks as well as honing their study and revision skills for the upcoming GCSE exam season. We have had lots of form-time discussions about the purpose of and how to revise with the students proactively sharing their top tips and supporting one another on their individual journeys. The students have made good use of all the interventions and study supports available to them so that they can really be the best academic versions of themselves. The year group has also been thinking forward about future destinations and I am really impressed with the organisation they have demonstrated in making their sixth form applications as well as attending interviews. The students have also had the opportunity to participate in Careers Interviews and have been extremely mature and inquisitive throughout the whole process. I am so proud of the cohort as they continue to be strong and courageous!
Ms Kerridge - Head of Year 11

Year 12 have been progressing well this term and faced their first major hurdle on the road to university with the completion of the mock exams in January. For the most part they navigated this successfully, but for some it was an important wake up call about the journey that lies ahead and the preparation that they should be undertaking! Some of the students took up an opportunity to visit Gonville and Caius College at Cambridge University in February and were very impressed by the beautiful architecture and catering. The students took part in a Q + A session with current students at the college and had a university style seminar which was

both fascinating and extraordinary. Many of Year 12 are already beginning to explore their university options and planning visits for later in the Summer so that they know exactly what they are applying for next year.

Finally, our fantastic team of tutors have been recognised for the support they have been providing to students in the lower school with English and Maths. They received their Gold Merits this week and we are very proud of them!
Ms Kerr - Head of Year 12

Year 13 have been making impressive progress this term, having carefully reflected upon key learnings from their December mock results. Their university offers will no doubt

act as an additional incentive for them to achieve the highest grades possible - students have continued to receive some amazing offers from universities, including, amongst others, Imperial College London, the London School of Economics and Political Science, Durham University, University College London and the University Of Warwick, as well as for medicine degrees. The majority of students now have offers from all five of the universities they have applied to and many have accepted their firm and insurance choices. We also extend our thanks and gratitude to the Year 13 tutor team who have done a brilliant job supporting Year 12 students academically.
Mr Douglas Pleasant, Head of Year 13

Wellbeing and Mental Health

We all brush our teeth everyday to prevent poor dental hygiene, the same should be true for our mental health. Taking time to look after your mental health is a skill. Once a week in registration students have been focusing on Mindfulness activities and learning how to manage when our feelings can overwhelm us. Students have been practising tips to manage anxiety and how to support a friend in need.

The student leadership team this term is focussing on raising awareness of how to self manage and who to go to for support. They have been researching and recommending online support: Testimonials: "There a number on carrd sites that you can find on social media. I use <https://checkpoint.carrd.co>. This is actually an American site but I find it helpful day to day. It is a link I found on social media 2 years ago, which I still use to this day whenever I am in need of support or information about my mental health and how I am feeling. There's no need to sign up or anything, it's like a user-friendly website which contains tips, breathing exercise gifs, links to meditation videos etc. and I feel that it is a very convenient way to get immediate help if you are feeling overwhelmed."

Useful places for support external to school:
BEAT's Youthline offers support to children and young people with an eating disorder. They have a webchat which is particularly popular with young people.

Hope Again is the youth website of Cruse Bereavement Care. They provide advice for any young person dealing with the loss of a loved one.

Mermaids offer a free and confidential phone and web-chat service which has been designed specifically to support trans, gender diverse and non-binary students. This is open to young people aged 18 to 25 and is available from 9 am to 9 pm, Monday to Friday.

Papyrus (Prevention of Young Suicide) provides advice and support for young people who feel like they want to take their own life, all their advice is confidential.

Shout provides free, confidential, 24/7 text message support in the UK for anyone struggling to cope. They can help with issues including suicidal thoughts, depression, anxiety, panic attacks, abuse, self-harm, relationship problems and bullying.

Switchboard LGBT+ helpline is a safe space for anyone to discuss

anything, including sexuality, gender identity, sexual health and emotional well-being. They help people to explore the right options for themselves through support on the phone and email and instant messaging service

Kooth -Your online mental wellbeing community: Free, safe and anonymous support <https://www.kooth.com/> Youngminds - advice and information on what to do if you're struggling with how you feel. We empower parents and adults who work with young people, to be the best support they can be to the young people in their lives <https://www.youngminds.org.uk/about-us/contact-us/>

Headstart - Yourtime For 10 – 18 (up to 25 for SEND), Your Time is delivered over a period of 12 – 18 weeks in a one hour weekly session. The programme is designed to support and guide a young person in areas they wish to cover, helping you to develop a variety of skills and capabilities. https://newham-self.achieveservice.com/service/COVID19_Youth_Befriending_Referrals

If you would like to explore any support in person please speak to your Form Tutor or Head of Year or head to a drop in session in our well being suite

Tuesday: session with Bente
Thursday: session with Bente
Friday: session with Sarah





Year 10 Youth Alpha

On Monday 28th February youth Alpha was launched. 30 year 10 students signed up to participate in a 9 week course which gives young people a chance to explore the Christian faith and have conversations about big questions. It always begins with food and prayer. It's a lovely way for the students to explore faith with other young people.



Confirmation candidates 2022

Ms Vassiliou met with all the 2022 confirmation candidates, many of which will be making their confirmation between April and May 2022. The students were asked why they chose to be confirmed and the saints names chosen. The reflections submitted were so insightful and It was lovely to see so many students across years 9, 10 and 11 who are choosing to celebrate this important sacrament and enhance their Catholic faith journey.



Ash Wednesday

On Wednesday 2nd March we celebrated Ash Wednesday with all students of the school. Three services were held, presided by Father John Jesus . It was a reflective and symbolic way to signify the start of lent. It was great to see the students around school with their ash crosses upon their foreheads as a sign of their preparation and repentance for the Lenten season.



Lent assembly

Year 11 liturgy reps set the scene for the lenten season as they delivered a thoughtful and reflective lenten assembly to all students during the main school assemblies. Student led assemblies are a great way for students to teach their peers and get the true message of lent across.



Ursuline links

Ten Year 12 students are signed up for the volunteer programme Ursuline links. It is an opportunity for Ursuline students from all over the U.K. to work together for social justice. They came together as a group on Saturday 26th February to participate in a discipleship day. They all had an opportunity to write a petition to Pope Francis. Sr Kathleen will be taking them directly to Rome when she visits next Month.



Ursuline student sixth form conference

On Wednesday 26th January 6 year 13 students participated in a sixth form Ursuline student conference to discuss the papal request of the synod. It was a great way for young people to share ideas and reflect on how the Church connects with the younger generations.

Little CAFOD



Many of our Year 7 students have been attending CAFOD club each week with Ms Odelusi where they have explored global issues and worked to raise awareness of those living in poverty and the challenges they face. Over the next term they hope to do some more good work in raising funds for CAFOD's projects.



St Angelas Day Mass 2022

For the first time in two years we were able to celebrate Mass as a wider school community. On Friday 28th January, all Year 7 and 8 went over to St Antonys Church and participated in St Angela's day mass, which was celebrated by Father John Jesus. It was also lovely to have four Ursuline sisters in attendance. They commented that they were so happy to be able to celebrate as a community once again and also sing along to the St Angela's school song.



Serviam stewards

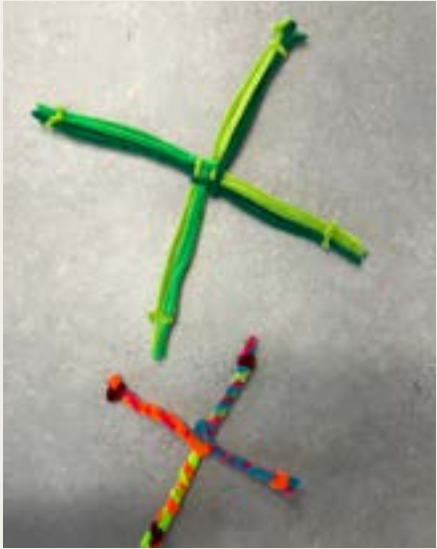
As we enter the spring season the Serviam stewards, along with Ms Perry have started planting some fruits and vegetables at the Sue Doherty memorial garden. This group meets weekly during Tuesday Lunch and hope by the summer to be able to harvest some produce to make some dishes.



KS3 Saints

During the past few weeks Years 7-9 have explored the lives of a variety of different saints and considered their significance as role models. Year 9 have learnt about the lives of St. Agnes, St. Valentine and St. Patrick. Year 8 explored teachings of St. Thomas Aquinas and his contribution to the Catholic Church.

In February, our Year 7 students learnt about the works of St. Brigid of Ireland and learned how to make traditional Bridgid's crosses out of pipe cleaners!



We are delighted to have held a joint meeting with students from St Bon's this term to look at the joint working of TELCO concentrating on safe transport for students and living wage for all of our families.





YEAR 8 have been studying The News. Our aim is to make them discerning readers - able to separate fact from fiction, balanced reporting from biased, and able to engage and learn from high quality print and digital reporting. They have also been studying the features of broadcasting and were excited to share their own news bulletins in front of their peers.

Exam Years

Year 10 is about to finish the third of the set texts from the literature GCSE course. That means that this year they have read, discussed and analysed An Inspector Calls, A Christmas Carol and Romeo and Juliet. These are challenging and brilliant texts which have really developed the pupils' reading skills as well as their ability to explore the writers' "big ideas" and messages and how a writer can use different methods and techniques to create such effective and memorable novels and plays. Year 11 has focused on revising for English Language paper 1. This involves honing their reading skills so that they can comment not only on language but on structural features too. The writing section of the exam gives pupils a welcome opportunity to be creative: they can describe or narrate an imaginative piece - something which many enjoy.

Our 6th Formers have finished two major texts: Year 12 has studied Othello - one of the greatest of Shakespeare's tragedies about the downfall of the eponymous protagonist as he changes significantly because of his misplaced trust in his subordinate, Iago. Year 13 students have continued to explore modern literature by reading The Color Purple by Alice Walker which won a Pulitzer Prize in 1983. It depicts the lives of African American women in early twentieth-century rural Georgia. We are very pleased to be teaching such iconic texts which generate much thought provoking debate and discussion in the classroom.



In order to celebrate World Book Day on Thursday 6th March the English Department dressed up as characters from The Lion, the Witch and the Wardrobe. C.S. Lewis wrote this children's books as an allegory, a story that represents another hidden story or meaning. You may or may not have realised that Lewis re-tells the story of Jesus' death on the cross through the lives of the characters and reveals The Gospel message of Christianity. Literature of all kinds is full of symbolism and we like nothing more than revealing its deeper meanings in English lessons. Year 7 read No Turning Back by Beverley Naidoo and has explored what a "warm bed" may signify to a street child in South Africa. It is not only a place to sleep but is also symbolic of safety and comfort, a place to call home. Year 8 has been reading a range of poems which are, of course, full of images with symbolic meaning. One that is particularly memorable is the symbol of the onion in Carol Ann Duffy's Valentine. It's an unconventional metaphor to represent the layers of a relationship- it will make you cry but you certainly won't forget it in a hurry! Year 9 has just finished Macbeth. All Shakespeare's plays make extensive use of symbols. When Lady Macbeth is persuading her husband that he should be duplicitous and cruel she tells him to "look like the innocent flower, but be the serpent under it." Even if you have not studied Macbeth you can have a go at thinking about why Shakespeare has used the symbol of flower and serpent in this quote.



Year 13 National Theatre New Views

The budding Year 13 playwrights delivered their first drafts of their plays to The National Theatre and received enthusiastic one to one feedback from professional playwright Margaret Perry. Margaret is really excited to see the polished

drafts and we are delighted with the prospect of having a winner within our sights - the end result being a performance of the play directed and performed at The National Theatre!



Year 8 students also had the opportunity to learn about Chandeleur & pancakes in their French lessons. They particularly enjoyed trying them!

Yummy Pancakes

Hi my name is Sarah! I enjoyed French today on Wednesday 2nd March because we had some mind-blown yummy pancakes in the world and some pain au chocolat. I tried Nutella it was amazing. I didn't try lemon it was a bit sour and I didn't want any sugar because if I put too much sugar I would've had a sugar rush. Did you know pancake day in France marks the end of the Christmas



period coming exactly 40 days after Christmas Eve.

Hi my name is Alice I enjoyed French today because we had crepes and pain au chocolat I tried sugar and lemon it was the best I love it

In my French lessons we tried pancakes with different toppings...

First we tried lemon and sugar And nutella

In France they make their pancakes with no baking powder so that the pancakes are very thin.

Mya

Key Stage Three

Year 9 Culture Club continues to be extremely popular. Over the last term pupils have celebrated a diverse range of different cultures. Most recently Ms Jansen talked about Maori Culture and pupils learnt about the chin tattoos and their significance. Other activities have included brass rubbing, aboriginal art painting and Chinese new year lantern making.

Ms Parigger's Year 8 film club devotees have enjoyed a wide range of animated films such as Un Monstre à Paris and une Vie de Chat. They have also enjoyed some Disney classics like Mulan and Jungle Book.



Key Stage 3 students have also had the opportunity to enter the prestigious Anthea Bell translation competition, run by Oxford University - we will wait and see if there are any winners so fingers crossed!

Lastly, Mr Blake has been busy with the Rubik's Club - the pupils are developing their skills and getting much faster at completing their puzzle which has really helped to develop resilience. The aim for next term is to get a whole cube completed!



Key Stage 5

Our A level Spanish students really enjoyed the opportunity to go to the BFI to watch a new film from director Pedro Almodóvar which explores many relevant themes for their studies. Year 13 student Marshal said: "The second trip that we went on had the theme of trauma and memory. We watched the film The Silence of Others, though saddening it was very informative and interesting. This was very insightful as having previously learnt about the Franco dictatorship, we were able to learn

about the experiences of those tortured and the lasting fight for justice years after its end." (Photo in file)

In January the A level German class also had the opportunity to visit the BFI to take part in a workshop about the legacy of East Germany for our students to mix with other Germanists, with Felicia exclaiming: "I have found my people" as she joyfully discussed in German with other like-minded Year 13s. The experts led a fascinating discussion which will really help to develop cultural awareness in students. We have more trips planned to the BFI in the summer term for our Key Stage 4 pupils, as cinema is a great opportunity to experience a new culture and language.



History

Year 9 Trip to the Imperial War Museum

Our trip to the Imperial War Museum was truly memorable: there were so many artefacts, memorials, and galleries displayed. From old machinery and weapons to battle tanks, we were all able to dig into the past and find out about the life experience of War War One, and how it affected different people. We also discovered how the world of technology has developed over the years, comparing and contrasting how the modern world has been, and still is, influenced by the war, and how it has improved. We had fun exploring and gaining a broader knowledge of our country's history!

The first thing we did was, in groups of 3, take part in a Documentary Challenge: we were all given smart-cameras and in turn we had to make mini documentaries of 3 objects in the museum. We had to talk about

the object, its influence during the war, why we chose it and why it is important to learn about. Through this, we were able to develop historical inquiry skills to evaluate sources and its relevance in society today.

We all had fun in the World War Two and post World War Two galleries, looking at the lifestyles of many people, and looking at not only our nation, but so many countries all around the world! There was even a typical World War Two home, exhibiting its many features, which made it look very realistic!

I think the trip to the Museum was an amazing learning experience, which was beneficial for us to learn about the history of the Wars, and the effect it has on the present.

-Keira 9 Quant



A Review of 'Small Island'

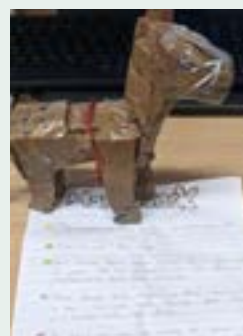
As soon as the opportunity to watch Small Island was handed to us, we immediately bought tickets. It did not let us down! Small Island was a phenomenal theatre performance that took us on a journey through the life of an immigrant woman: Hortense. The play touched on topics about generational stories of war, racial prejudice and migration which we were able to make links with topics from Paper 1 of our A Level studies. We learnt about black immigrants specifically, those who joined the British Army from countries such as Jamaica, in hopes of creating a better life for themselves after the war had ended. However, as we know, this was far from, as the production made us more aware of the racism that immigrants encountered and how badly it affected their standards of living, so much so, the main character, Hortense, a once respectable teacher in Kingston, Jamaica, was turned away from a teaching job in a white dominated Britain. When the lights came back up again we were not only impressed by the amazing cast who managed to showcase the historical moments so vividly but we also felt like we boosted our knowledge even more!

Annabelle & Allysha (Year 13)



This term **Year 7** students moved away from focusing on European History by analysing the significance of Medieval Baghdad. This unit was really important in expanding students' horizons for a broader historical understanding. As a result, students examined the way the city looked, the range of products available in its markets and how products and ideas from as far away as China were transported to Baghdad on the 'Silk Road'.

Students in **Year 8** also expanded their understanding of global history by exploring the rich history of the Benin Empire based in modern day Nigeria. Students consider the cultural, political and social sophistication of the society. They had the opportunity to examine some replicas of art created by the people of Benin which really allowed them to understand how advanced the society was. Students also considered the issue of the Benin Plaques currently held in the British Museum and whether they should be returned to Nigeria generating some truly fantastic debates. Finally, students created their own Benin plaques which were inspired as you can see for yourself.



Year 9 have moved on from exploring the British Empire and have investigated the causes and consequences of the First World War One. As part of their studies, students visited the Imperial War Museum and participated in a documentary challenge where they filmed presentations on artefacts found in the museum. We are really proud of the presentations created. Also, for Holocaust Memorial Day students were able to listen to stories from Holocaust survivors as they watched a webinar from the Holocaust Education Trust.

Year 10 have started exploring the world of Victorian Whitechapel and the events surrounding the murders of Jack the Ripper. They have explored a range of sources on the horrific living conditions and the inadequacies of the police at the time. **Year 11** have almost finished discovering what life was like in Nazi Germany and how the lives of women and the youth were effected by the propaganda and censorship that Nazis used. As part of their studies, **Year 11** had to consider how Hitler was able to become a dictator of Germany so quickly, leading students to create some fantastic dual coding maps. The History Department also asked students in year 11 about what questions they had about the Ukraine crisis and these were fed into a video created by Ms Loxton which was shown to the whole school.



Year 12 students have been investigating the events surrounding the Great Depression in the USA. Students had to put together an essay on the Wall Street Crash using string which led to lots of excellent attempts to explain links between causes. A selection of students signed up to participate in the Holocaust Education Trust online workshops after school to discover more about the Holocaust. Finally, **Year 13** have been busy completing their coursework on Martin Luther King and in preparation for their summer exams, students went to watch the National Theatre's production of Small Island - which links to their Paper 1 studies on Britain in the 20th century by focusing on the impact of immigration to Britain after WWII.

Sociology

Year 10 Sociology students are now half way through the Family topic. They have been learning about types of conjugal roles, theories of conjugal roles and Willmott and Young's research on what they called 'The Symmetrical Family'. Willmott and Young's research focused on class differences in the way that family relationships have developed in Britain, using the concept of "stratified diffusion" to explain a process which they identify as involving, firstly, a change in upper class family relationships (from segregated to joint conjugal) and, secondly, a gradual "trickle down" effect, whereby joint conjugal relationships come to be adopted by middle class families and finally working class families. **Year 10** students were asked to create a visual teaching aid outlining the key study. Here are some fabulous examples from Daniela, Simrah, Miriam, Rayne, Precious and Kiara.





In celebration of British Science week, the Science Department at St Angela's held some fun activities during lunchtime.

On 15th March, students were able to participate in creating their own rockets, which were then launched in Merici court. The atmosphere was reminiscent of a real live rocket launch with a countdown and some hilarious results. Students were given an opportunity to improve their designs resulting in some excellent high flying rockets.

On 16th March the Science department held an engineering challenge where students made catapults to propel marshmallows across the room with accuracy. It was great to see a mix of Y7 to Y11 students compete with such enthusiasm and support for one another.

On 17th March, the students got the opportunity to apply their knowledge of neutralisation in making their very own bath bombs. We have never seen anyone take so much care in taking such precise measurements!

On 18th March, the students were busy growing crystals, carrying out a series of displacement reactions and were treated to some fun demonstrations. The keen biologists applied their knowledge of anatomy by taking part in heart and lung dissections.

The 2022 science week marked a welcome return to science laboratories for all year groups. In Year 8, the students continue to study the growth of bean plants. This is an excellent opportunity to build on their learning of 'variations' earlier in the year.



In form time, the students enjoyed some light hearted fun in completing an alternative growth quiz in honour of British Science Week. Congratulations to 8 Cavell who demonstrated their superior knowledge of our science department!

Urban environments play an important role in maintaining biodiversity. This was recognised by our 'growth' photography competition. Congratulations to Kolsuma (Y8) for 'Getting out in Nature', to Faye (Y9) for best 'Artistic Impression' and to Ashley (Y7) who captured an excellent 'Action Shot' of a squirrel.



As part of the theme of Growth for Science week, year 7 students reviewed the topic reproduction. They learnt about fertilisation, embryonic development, egg farming and investigated how the eggs we buy are safe to eat.

To further embed their understanding, the Science department hatched rare

breed chicken eggs. The hatching was live streamed to students through a google meet link to watch on their Chromebook in the comfort of their homes. Many excited students tuned in to witness the first few eggs hatch on Wednesday 16th March from 3.30pm onwards. Students at St Angela's welcomed the new additions with much enthusiasm, and a competition was held to name the chicks.

From 14th-25th March, St Angela's students and staff have been able to take part in the lunchtime club holding and learning more about chicks.

The Science department are extremely excited to introduce you to our small members:

Heidi

Named by Heidi
Form 10 Pankhurst
Fact: Birds do not have teeth so they have to swallow. they have an organ called a gizzard which grinds up the food for digestion



Tweety

Named by Hanna-
Nicole
Form 11 Roberts
Fact: Bird's knees don't bend backwards, what we see is their ankle joint. The bird's knee is higher up on the leg, and bends the same way our own legs do, we just can't see it! This also means, they walk with their weight on their toes!



Bubba

Named by Tovia
Form 9 Okpo
Fact: An ostrich's eye is bigger than its brain



Nugget

Named by Shanay
Form 13 Larkin
Fact: Chickens and ostriches are the closest modern relatives to Tyrannosaurus rex.



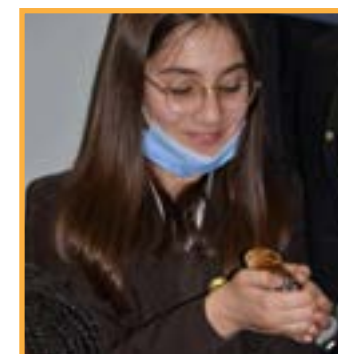
HoneyDew

Named by Grace and
Jamie
Form 8GAN and
8WRI



Jollof

Named by Mya and
Kenechi
Form 7 Hadley
Fact: Chickens have a profound memory and can distinguish between more than 100 faces of their species



Maths

Pi DayArt

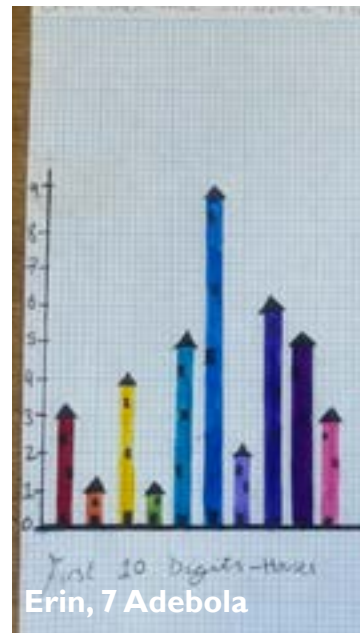
Pi Day is celebrated on March 14th (3/14 in the American date notation) around the world. Pi (Greek letter “ π ”) is the symbol used in mathematics to represent a constant — the ratio of the circumference of a circle to its diameter — which is approximately 3.14159. Pi has been calculated to over 50 trillion digits beyond its decimal point. As an irrational and transcendental number, it will continue infinitely without repetition or pattern. While only a handful of digits are needed for typical calculations, pi’s infinite nature makes it a fun challenge to memorise, and to computationally calculate more and more digits.

Ms Kazmi led our school-wide celebrations building on our exploration of maths visualisations from earlier in the year which allows students to merge maths with artistic expression to form more meaningful representations of information. For Pi Day students were asked to create a ‘Pi-Line’ visualisation which creates a sky-line using the digits of pi as the heights of bars on a graph.

Below is the winning entry and runners up:



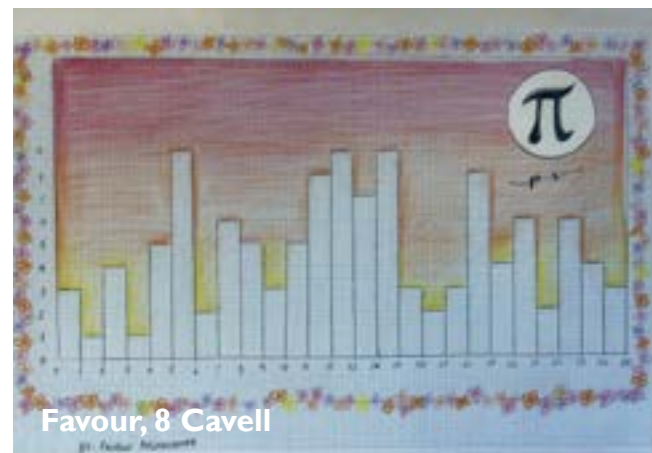
Aaliya, 8 Seacole



Erin, 7 Adebola



Winner - Krishna, 8 Seacole



Favour, 8 Cavell

Maths Feast

We sent two teams of our fantastic Year 10 girls to the AMSP Maths Feast competition in February. Maths Feasts are fun educational challenges open to students in Year 10 who are hungry to work on their mathematical and teamwork skills. On the menu was an all-you-can-eat feast of maths challenges designed to test students’ communication and problem-solving skills.



Our Year 12 Mathematicians had the opportunity to take up Mathematics Masterclasses run by the School of Mathematics, Statistics and Actuarial Science at the University of Kent in association with the Royal Institution (Ri). The Ri Online Mathematics Masterclasses are a series of workshops which are led by experts from academia and education who are lecturers at the University of Kent; they spoke on topics in which they are at the forefront of current research. They offered students in-depth investigations of topics in mathematics, combining theory with interactive exploration.

Politics

Politics? It's a personal thing...

Politics? It's a Personal thing...

It's been a busy term for the Politics students with their enthusiasm ensuring that they are making up for time lost during the pandemic.

Firstly, the students are engaging with the highly prestigious university SOAS in a mentoring scheme. The University has kindly offered one to one coaching for students in order to fully prepare them for their A Levels.

Secondly, the Politics' students independently attended politics seminars at Kings College Cambridge - proving that they can get out of bed on a Saturday if it's worthwhile.

Hopefully, many of the students will be returning to these universities for three years soon.

Politics students also embarked on their 'London Political Safari' this term which saw them take part in seminars at the Supreme Court and also to encounter some of their political heroes; in statue form at least!



Finally, in response to 'student voice,' Politics has undergone a rebranding exercise. Students now literally wear their politics on their sleeves with our new departmental badges. Politics? It really is a personal thing...



Our students 'meet' Millicent Fawcett, one of the driving forces behind the feminism movement.



The students embrace Nelson Mandela!

Media

The Guardian Foundation

This term The Guardian newspaper's Behind the Headlines team delivered an online workshop to our year 12 cohort. The students were asked to work in groups on a variety of news related tasks including discussions on the future of news. They were also asked to think creatively and come up with ideas for what the news might look like in the year 2050.



Computer Science

KS3

Year 7 have finished looking at what makes a computer system's and what could be done to improve the performance of a computer system. Year 7 are now looking at computational thinking methods and how these can not only be applied to computer systems and how to design computer games but also in everyday lives. Year 8 look at how computational methods can be used to solve simple problems, such as getting to school on time, to how to timetable staff are a supermarket, and how to analyse and plan for an upcoming sporting event. Moving on they looked at algorithms more in-depth and how to design a program using an algorithm, which then they had to code the program using python.

Year 8 have been studying a range of algorithms that can be used to design a program and how computer systems use algorithms to sort and search for data. As well as looking at different types of programming constructs and the code used, they have also been using Python to code and create their own programs. They are now moving onto the basics of creating programs and how to code these programs.

Year 9 have finished looking at networks, what is needed to create a network and the impact that different networks have on everyday life. Year 9 are now moved onto cyber security and looking at how we can protect ourselves from cyber-attacks and what makes a cyber-attack. They have also been looking at the current cyber-attacks that have been happening in the world and how frequent these are. Coming up with ways that cyber-attacks could be prevented or if they have happened how the effects could be minimised.

KS4

Students in **Year 10** have completed looking at system software and the way software can be created, how fragmentation within a hard drive affects the performance of computer systems and how defragmentation is used to improve the performance. Year 10 have also looked at how files are compressed using either lossy or lossless compression. The students have started to develop their understanding of networks and the

different types of topologies that can be used within a network as well as the hardware and software needed to create a network.

Year 11 have been looking at how to produce robust programs, looking at how to use sequence, selection and iteration within the programs and how an integrated development environment can help in producing these programs. As well as looking at how these programs could be tested for functionality through the use of trace tables and by iterative and final testing.

KS5

Year 12 have been working incredibly hard covering the second component in the specification. They have developed their understanding of computational thinking, problem solving and programming and have started their project. This requires them to analyse a problem, design the solution and then create software using a high-level programming language to solve the problem based on their design and evaluate the final outcomes.

Year 13 are coming to the end of their projects with some excellent projects and students showing their amazing programming skills and creativity. The projects range from educational quizzes for mathematics and computer science to platform games that allow the user to progress to each stage if they answer questions right on particular topics. Year 13 are coming to the end of all the topics and are starting to prepare for the A-level exams and have been working really hard.

Coding club

Coding club is still happening throughout the year with a big uptake amongst year 8 students which is great to see. The club is open to all year groups

and allows students to work through different challenges and different types of programming languages. They can start off with a low level programming language such as scratch and/or move onto a high level language such as HTML or python. Many girls turn up each session and develop their skills and understanding of each type of programming language and are doing so well that the entire department is very proud of them.

CyberFirst Girls Competition

This year we entered two teams into the CyberFirst Girls Competition. With all the girls receiving their certificates. The competition is a team event, with each team made up of 4 students from Year 8. The competition is to give even more girls the opportunity to discover the exciting world of cyber security and the current teams are doing fantastically and taking on and completing a range of challenges that range in difficulty. Learning about cyber security and how using computational thinking methods can help prevent attacks on networks, future attacks and to solve problems. Once such challenge was the "8 queen chess puzzle", "the eight queens puzzle is the problem of placing eight chess queens on an 8x8 chessboard so that no two queens threaten each other; thus, a solution requires that no two queens share the same row, column, or diagonal."



Computer Science Educational Week and Hour of Code

It was 'International Computer Science Educational Week on December 6-12-2021 where pupils were able to take part in the hour of code which allowed them to use multiple programming languages to create software, games or programs that allowed the user to interact with them. Students enjoyed using innovative ideas to create some outstanding programs that one day will enable them to create an app to change people's lives or a company that utilises technology to its full potential.

Food Technology



Year 7 Food Technology Student's Views

I really enjoyed making a fruit salad because of how tasty and healthy it tastes. I also like the tropical colours that were shown in my fruit salad. I made most of the fruit by cutting hard fruits first then moving onto the softer fruits. We also previously learned about health and safety and ways to hold objects whilst moving around the room. For example holding the knife facing downwards to prevent an accident. I really love how my fruit salad turned out and how it tastes. I also enjoyed the help of my teacher and in general the lesson. I have learned about all nutrients that are contained in fruits. I really loved this lesson and it taught me many things
by **Kelsie**

I liked making my fruit salad because I got to experience how to make it. This lesson today helped me because I have been wanting to make this for a long time. I used some of my favourite fruits to make it (apple, grapes, pineapple, orange, lemon and strawberry). It turned out very nice and I really enjoyed making it!

by **Esther**

For my fruit salad, I used citrus fruits like oranges which contain a lot of Vitamin C which helps protect your cells against effects of free radicals and it has calcium which helps your bones grow stronger. I also included hard fruits like apples which contain Vitamin A which is helpful for vision, growth, cell division, reproduction and immunity. Then I used grapes which also contain vitamin A and put orange juice over my fruits.

What I really liked about making my fruit salad was cutting up the fruits into small pieces so I can also share it with my family and friends. By **Gloryane**

Year 8 Food Technology Student's Views

Today in Food Technology, we made Naan Bread which is a flatbread which originated from India. I enjoyed the whole process of making it and the final result is fantastic. Last time, we made plain bread. They were really good. We have learnt about Health and Safety in the Kitchen. For example, we should always make sure our work desks are clean. Also we have been learning about bread from around the world like challahs, baguettes, bagels and cornbread. I really liked our topic and I loved our practical lessons!

Blessing

I have enjoyed food technology because I learned about many different foods I didn't know about, for example today we made naan bread which comes from India, you can eat naan bread with stew, curry and kebab. Two weeks ago we made bread, we learnt that we can make different types of bread shapes. For example, I made bread dough balls. I think this is a really good experience for us to make different things because we are learning about different things we didn't know about. Food technology is fun and entertaining for all of us.

Rochelle

I really enjoyed making food like bread and now naan bread it's fun doing independent food by yourself. It makes you feel like how you feel like an adult making food for your family. Making food by yourself helps you when you get older and I've learned a lot by making food by myself and the technique and I learned a lot of health and safety rules while cooking in the kitchen. It helps me a lot when cooking now.

Aline



AQA AQA UNIT AWARD SCHEME



Our Young Leader

Whilst completing my leadership certificate, I have grown in confidence, shown Serviam and been able to help and inspire others. To complete my award I needed to demonstrate good leadership skills such as:

- Communication
- Team Work
- Initiative
- Complete a mini project on two inspirational leaders
- Show leadership skills during film club, every Friday lunchtime

Congratulations Marcella !

Our Budding Scientist

Angelica has been busy in her science lessons, completing experiments and becoming quite the little scientist. Angelica has been awarded AQA Unit Award Certificates in:

- Changing States
- Introduction to Environmental Awareness
- Healthy Eating

Congratulations Angelica!

Pamela's Pancakes

For Christians, Shrove Tuesday marks the last day before Lent, traditionally a period of abstinence, associated with clearing your cupboards of goods such as sugar, fats and eggs. Traditionally, pancakes were eaten on this day to use up these foods before the 40-day fasting season of Lent began.

Once cold, you can layer the pancakes between baking parchment, then wrap in cling film and freeze for up to 2 months.

Method

STEP 1

Put 100g plain flour, 2 large eggs, 300ml milk, 1 tbsp sunflower or vegetable oil and a pinch of salt into a bowl or large jug, then whisk to a smooth batter.

STEP 2

Set aside for 30 mins to rest if you have time, or start cooking straight away.

STEP 3

Set a medium frying pan or crêpe pan over a medium heat and carefully wipe it with some oiled kitchen paper.

STEP 4

When hot, cook your pancakes for 1 min on each side until golden, keeping them warm in a low oven as you go.

STEP 5

Serve with lemon wedges and caster sugar, or your favourite filling.



Peer Mentoring for Year 7 and 8

Have something on your mind or worrying you?



Contact your HOY, Form Tutor or any other adult



"We are here to help"

Peer Mentors 2021-2022

Why not come and see a friendly face who might be able to help

Managing Money



At this stage of Year 11 academic careers, students will be preparing themselves for college interviews and need to be able to manage their own money independently.

We realise that teaching our students about money is one of the best lessons we can teach to prepare for their future, especially as they may need to manage their own bursary at college.

Lawrencia said *"It makes sense to put money in the bank, no matter how small the amount. You gain interest and this means your money grows"*

Zelinda said *"Always make sure you expenditure, never exceeds your income"*

Laura said *"Make sure you pay bills first and then you can buy other things. Needs before wants!"*

Amanda said *"Money doesn't grow on trees, look after your pennies and save for a rainy day"*



Design and Technology and Product Design

Year 9 Design Museum

The Trip to The Design Museum was amazing. It was really pretty and I enjoyed interacting (without touching) all the many displays they had. On a table near their 3D printer display there was an interactive walk. I really enjoyed it as it was like a guided tour that I got to do with my friends. I learnt about the many functions 3D Printing has. For example, did you know that we're able to 3D Print moveable hands for children that don't have hands?

Adiva, Year 9



I very much enjoyed the trip to the design museum as there were many different things to see, ranging from aspects of the past and evolution of different items - like the computer - to modern day collages and creations. There were many fun activities to do, such as a booklet where we had to follow the map around the museum to fill out the pages. We also had the opportunity to create our own design ideas and we were able to explore and look at other people's creations! The museum itself was very modern so it was easy to get around and see all of the different sites. There were interactive activities, as well as just your everyday ordinary item in a glass displays. We got to see a range of different types of design, ranging from textiles designs to woodwork. The interactive listening stands around the museum gave us an insight into the past and a better understanding of the development of certain items.

There were also areas of work we had studied in the technology department, such as Memphis. Almost every site had a sign that said not to touch it, but we could see these things up front and close, like modern day sofas next to older style sofas. We were able to stand inside of a wooden kitchen, which spoke to us about and gave us information on women's roles in society in the past (in this area we got to see some spoons in different shapes and sizes.)

There were plenty of different exhibitions which weren't too packed and we could explore different themes of the present and the past. I would definitely recommend it if you are interested in taking any technology subject for GCSE, or just find it interesting in general!

- Emilia Year 9



the
DESIGN
MUSEUM



Year 8 London Transport Museum, Acton - STEM Workshop

When they first arrived, they were greeted by warm and friendly staff.

To test our teamwork and skills that we had prior to the workshop, we were split into 2 teams and had to sort ourselves into ascending height order.

Soon after, the 2 groups either went on an interview (which we wrote and planned questions for) or on a tour of the depot.

Group A went on the tour first. During the tour, we saw tickets, which were used like oysters and zipcards are today, and discussed how and why tickets were efficient due to the fact that it was made of paper, meaning it could get wet or be blown away by winds. We learned that tunnels were a minimum of 20ft deep (the deepest tunnel made was 70ft deep!) and were dug out by hand! Unfortunately, this meant that many people died or were seriously injured during the process. We also acquired the knowledge of signals, which are like traffic lights that indicate for a train to stop/ know when another train is coming. Before the introduction of signals, one person sat in a control centre where they controlled when trains went. This was a tough job due to the fact that one wrong move could risk hundreds of people's lives.

Group B went to the interview first. During the interview, we were able to ask tfl engineers questions about their job.



We interviewed three people who worked in different engineering fields: Design, Physical, electrical engineering. We asked questions about their salary and lifestyle. Overall it was a really fun day out.

Iri, 8 Franklin

The overall experience was exciting and thrilling. We got to see so many old trains and buses, as well as learning about them and how they were used in times dating back to the 1800s, an opportunity not many would have been able to experience. We were given a tour around the Transport Museum Depot, allowing us to see so many different forms of transport. We were even allowed to sit inside the trains! Then, we played a board game to try and build a town with perfect transportation, with all the money reductions and challenges thrown at us. In general, the trip was amazing.

Favour, 8 Gangully

Year 10 D&T Badge Design

This term the students decided to design and manufacture their own badges to wear with their uniform to showcase different skills they have learnt in D&T. They designed the frame of the badge using a software called Onshape - which we then 3D printed. The designed mini tools using a software called 2D design which were then cut out on the laser cutter and then we poured in liquid epoxy resin to set everything in the badge cavity.



Year 9 STEM Club - Resin Casting

The team have been experimenting with casting things in resin. It did not go to plan to start with :-). However we kept trying and have produced some amazing handmade pieces!



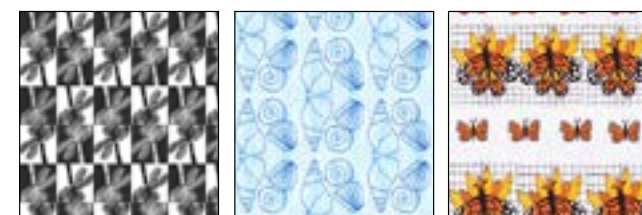
Textiles



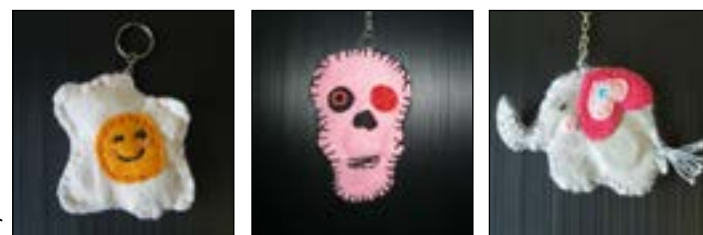
Year 8's have been exploring a culture of their choosing to create a cultural themed bag. They have researched and presented different types of fabric to the class, created a range of initial ideas, before developing them further through the use of samples. We can not wait to see the final results!



Year 9 have been learning about Computer Aided Design (CAD) to create their own print and pattern based on the theme nature. They have drawn their own initial designs which have then been scanned into the computer for them to manipulate. Students have learnt about repeats, rotations, half drops and reflections to create a pattern that will then be used to create their pencil cases. The variety of outcomes has been particularly impressive!



Year 10 spent last term learning about E-Textiles and the use of electronics within a Textile product. They have created their own pieces of felt, as well as developing their hand sewing skills to create a light-up key ring of their own choosing:



Currently Year 11 are working on the practical elements of their NEA and although we are unable to share pictures due to exam board restrictions, we are sure you will be very impressed! The last few weeks year 11 have been working incredibly hard to get the remaining elements of their coursework finished for the Easter holidays. The younger year groups have enjoyed watching their creations unfold on the mannequins, with lots of classroom discussion about which outfit they would wear!

Young Fashion Designer UK 2022

Think you've got what it takes to be the next young fashion designer?!

Enter this year's young fashion designer UK competition: <https://www.youngfashiondesigneruk.com/competition-2022>

Open to all year groups, you are all invited to enter the sustainability in fashion competition. As young designers, we have a responsibility to think about the impact that we all have on our environment.

Produce and email the following:

One research page about ONE area of sustainability.

Produce a page of pattern and/or fabric samples linked to your chosen area of sustainability.

Produce FOUR OUTFIT designs for any occasion. Include aspects of your research and your fabric samples.

Email your THREE pages as PDF files for our judges to see! Submit by 27th May 2022. GOOD LUCK



Textile Artist Workshop

On the 22nd January we were lucky enough to have the local Textile Artist, Nicky Simpson, deliver a textile workshop for Year 9 students. Nicky has had many years experience both in industry and in schools, having previously designed work for M&S, Topshop and H&M! Students were introduced to the techniques of transfer and screen printing, before sewing their samples together. Nicky, the artist, commented on how lovely, well behaved and imaginative the students at St Angela's are!

"I really found the range of activities interesting, from the painting and printing of the leaves and using the

heat press to apply the design onto our materials. It was a fun experience to work with an actual designer who came in and taught us more about design and textiles."

- Daniela

"I enjoyed the various arts we were able to complete, especially painting, printing and sewing. The artist/designer Nicky was very friendly and easy to communicate with, she helped me a lot and I was able to develop my skills in an enjoyable and comfortable environment" - Antoinette

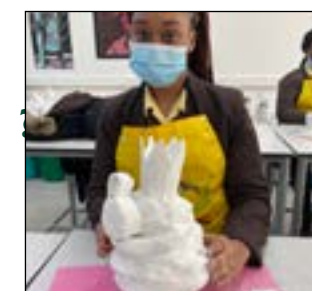


Art



KS3 pupils are all working hard on realising the final outcome for their current projects. Having explored composition and colour, Year 7 are now painting their jungle compositions inspired by the work of the artist Henri Rousseau. Having learnt about the work of Picasso and Braque, Year 8 are demonstrating their understanding of Cubism as they develop their mixed media arrangements. Year 9 students are enjoying working with a range of materials and processes as they explore construction and modelling techniques having looked at the characters in Lewis Carroll's Alice's Adventures in Wonderland for inspiration.

The department looks forward to showcasing the pupil's hard work and creative talents at the end of the year alongside the work of GCSE and A Level students at the St Angela's Summer Exhibition.



Economics

Our young budding Economists have continued to strive and take the world of economics by storm. We are very proud of the way our have got to grips with this new language of economics. They have written outstanding essays arguing the best ways to solve some key national issues including internalising the externalities from pollution and how best to manage the NHS to keep it afloat. They have also acheived exceptionally well during our study of macroeconomics, looking at the economy from a national level.

Our economists have built their culture capital by delving into the views of the economists that walked before them, the likes of John Maynard Kenes and Karl Marx. They've analysed their theories and understood how the pandemic has demonstrated the importance of the state in an economy. Our have been excellent at making judgements and sharing their economic views for a range of real life scenarios ranging from fuel and energy prices to the impact of changing incomes in third world countries. As well as this contextual analysis, students have massively developed their quantitative skills.

During this term we are proud to say our students have made great progress in their understanding of macroeconomic concepts. In particular our sixth formers have excelled in their hunt to understand international economics and how interdependent global economies have become in the last decade. Our economists have also assessed the impact

protectionism and trade liberalisation have had on our livelihoods. Inevitably, they could not avoid discussing both Brexit and Covid in regards to the economic impact felt all over the world. The skills our students have gained during this term will be invaluable to their future success whether it be in the field of economics or not. We have also been invited to a Money competition which is a finance based game in which Year 12 Economics students from St Angela's will be competing against other schools, this event will be supported by the Mayor of Newham. Wish our outstanding economics team some luck!

Finally, the growth in confidence of our Year 12 and Year 13 students has been admirable. Our young economists have been persevering and have demonstrated a great desire to continue making progress and understanding very difficult concepts during this demanding term. We are proud to have such a resilient group of students in our department who should be proud of their achievements and progress this term. Many of our Year 13 in particular are aiming to study Economics further at degree level and have received offers from outstanding Russell Group universities. The global pandemic has not slowed down the attitude of our economists nor has it damaged their positivity of Economics. Their tenacity shown to continue to learn and develop has been commendable. We hope you join us in wishing our lovely sixth formers luck in their summer exams!

Business Studies

Our Business Studies students continued to develop their subject literacy and numeracy over the last term. It was very pleasing to see the progress of all the teaching groups as they adapt and embed our writing strategies in their assessments. All year groups' priority is to improve their data responses as they embark on their course journey. The development of subject literacy through the appropriate use of business key terms and connectives to expand key points, while adhering to structure when answering questions, is our strategy. Students are encouraged to complete collaborative work and develop their subject oracy. The Year 10 classes also conducted group research and presentations to explore new knowledge independently.

Students in all classes were introduced to motivation theories and the work of Abraham Maslow and additionally for the Years 12 and 13, Frederick Herzberg, Elton Mayo and Frederick Taylor. Students were able to see the influences of these motivational theorists in the workplaces and possibly the impact on students and teachers alike as individuals.

Our Years 11, 12 and 13 students have now started to work on the topic list released by Edexcel for this summer's upcoming examinations. They are using online resources through the google classroom and Seneca learning to effectively prepare for the content element of the revision. They have also started to go through tailored data response questions specifically prepared to mirror the topics Edexcel

advised the summer exams are based upon. We have embarked on the building of chains of reasoning to support each point which will be examined and students completing timed essays twice weekly in the run up to the summer exams to help alleviate the problem.

Business Studies and Economics have selected two teams to represent St Angela's at a Money competition which is a finance based game in which Year 12 Economics and Business students compete against other schools, this event will be supported by the Mayor of Newham. Wish our outstanding business studies / economics team lots of luck!

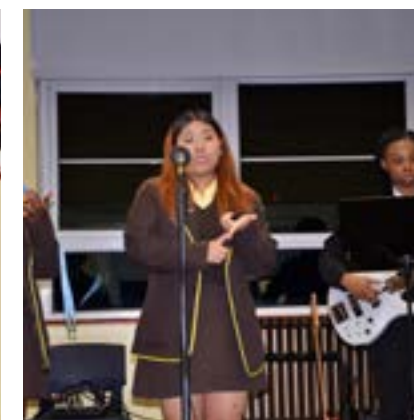


Music



Chamber Concert - 16th March 2022

Merici Hall was filled once again with parents, staff, friends and family to enjoy the brilliant playing of our young musicians. For most, this was their first solo performance to an audience for three years, and for others it was their first performance ever! Our students rose to the occasion as they all performed wonderfully, with great expression and technical ability. The concert showcased the many instruments that our students learn; violin, piano, guitar (electric, classical & bass), saxophone, flute, clarinet, drum kit and of course singing. A truly memorable experience for all those involved. Well done musicians!



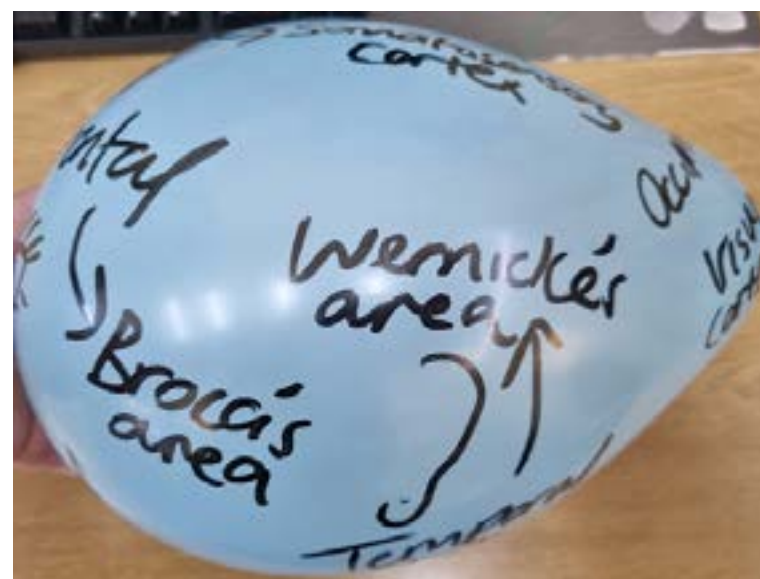
Psychology



Year10

It has been a busy term in psychology for Year 10 students. They have been looking at how the results and conclusions from memory-based research have been used by different advertising companies to create effective campaigns to sell products. The students worked together in small groups, using their newly found knowledge, to create an effective campaign for a product they wished to sell.

Elena and Tega are proud to show you the planning process for their advert. Their aim was to sell Cadburys chocolate (which they brought in as props). They put on their creative hats and demonstrated the use of 'autobiographical advertising' and 'the use of cues' to the class in a short drama-style performance... which left the audience wanting to buy their product!



of her brain removed) in order to control her epileptic seizures. Ten days later Jodie was able to walk out of hospital and return to life as normal. This is due to the brain's phenomenal ability to adapt and rewire itself after trauma. Our Y13 students are confident in identifying a range of specific regions in the brain and their functions, which they demonstrated through the use of balloons!



Year 11

This term year 11 have been learning all about psychological problems. This is a fascinating part of the GCSE course which focuses on the study of mental health; our understanding of the symptoms patients may experience, how doctors diagnose and treat disorders such as depression and schizophrenia. Our students have shown great maturity and compassion whilst learning about this sensitive issue within society and have come up with some amazing ideas about ending the stigma that many patients experience today. We were particularly impressed with the revision posters that the students made to outline the different symptoms of schizophrenia – for example, hallucinations and delusional thought. Well done year 11!

Sixth form

Our Year13 students have begun exploring their final unit, Biopsychology. This has provided them with an in-depth understanding of the biological structures which underpin our behaviours, abilities and shape our personality. To supplement their learning, they have researched some fascinating case studies of individuals who made miraculous recoveries following severe brain injury/surgery. For example, the curious case of Phineas Gage, a railroad worker who had a 4 foot metal pole driven through his frontal lobe, and walked away minutes after! The students were also introduced to the concept of neuroplasticity, and explored the case of young Jodie Miller, who underwent a hemispherectomy (had half

PE

At key stage 3, our curriculum introduces students to multiple activities including dance, gymnastics, badminton, volleyball and athletics. Students have the opportunity to learn and develop skills across the 3 years as they progress. The activities studied in lessons are complimented by our extra-curricular clubs so students can further develop their skills and take part in competitions.

Students at key stage 4 take part in a wide range of activities across the 2 years including volleyball, netball, softball and basketball. As well as these activities we have had the amazing opportunity to introduce a unit of Yoga at key stage 4 this term with the hope that it would teach students some strategies to deal with stress or feelings of being overwhelmed. Students were led in the practice of joining their mind and body together to create a balanced and harmonious individual. Student feedback has been fantastic with many students saying they have been sleeping better and feel more focused while working.

The PE department offers a wide range of extra-curricular clubs which is ever-expanding. We have introduced two new clubs this spring term, Wallball and Cricket. Wallball is a hand-to-ball-to-wall game and has had fantastic uptake from

students. Not only can players participate in competitions across the borough and city but there is also an opportunity for them to compete at national level on the GB team. Our cricket club is a new hub in the community meaning that it is open to other young people from the area, not just students at St. Angela's. Coach Ash from Essex Cricket coaches the students which is a fantastic opportunity for them to learn from an expert. The U15 team just competed in their first cricket competition in Essex and came 4th overall. We are looking forward to seeing the players develop their skills and progress over the coming months.

The Interform competition is well underway this academic year and the competition between form groups is as strong as ever. We have completed 6 activities so far this year - cross-country, football, basketball, rowing, dance, netball, short tennis (Year 7), badminton (Years 8 & 10) and volleyball (Years 9 & 11) - which has seen the following forms leading the way for their year groups, 7 Rocket, 8 Ganguly & 8 Wright, 9 Packham, 10 Fawcett and 11 Aderin. With only two activities left, netball and cricket (Year 7), rounders (Years 8 & 10) and softball (Years 9 & 11), we are looking forward to seeing more fierce competition as we get closer to crowning our Interform champions!

NATIONAL JUNIOR INDOOR ROWING COMPETITION

NJIRC is an annual competition which would normally take place at the Copper Box however this year remained virtual. All classes from Year 7 to 11 took part and the top five rowers in each category were entered in this National competition. Year 11 rowed for 6 minutes, Yr 10 for 5 minutes, Yr 9 for 4 minutes, Yr 8 for 3 minutes and Yr 7 for 2 minutes. It is an intense row on the ergo machines

as the rowers try to sprint for as long as possible.

Ekene (Year 9) achieved a silver medal at the National Championships in the KS3 invitational races. Other team members performed exceptionally, for some it was the first time they were competing at NJIRC and many of the experienced rowers achieved personal bests. Results were as follows:



KS3 Invitational - 2 min row

Ekene rowed 444m Silver medal
Abigale rowed 387m - 14th
Sheriska rowed 370m - 24th

KS4 Invitational - 2 min row

Pamela rowed 448m - 5th

Amanda rowed 387m - 9th

Year 7 - out of 869 rowers

Katerina rowed 474m - 35th
Olivia & Rachel rowed 455m - 75th
Aderayo rowed 445m - 115th
Monae rowed 441m - 129th

Year 8 - out of 950 rowers

Karina rowed 687m - 54th
Fatima rowed 670m - 98th
Princess rowed 664m - 113th
Favour rowed 663m - 120th
Eden rowed 658m - 137th

Year 9 - out of 777 rowers

Daniella rowed 922m - 77th
Theresa rowed 902m - 101st
Amelia rowed 900m - 105th
Leanne rowed 865m - 164th
Luciana rowed 863m - 172nd

Year 10 - out of 480 rowers

Afua rowed 1115m - 84th
Karita rowed 1083m - 118th
Jeanette rowed 1074m - 130th
Adaeze rowed 1057m - 146th
Maryanne rowed 1052 - 152nd

Year 11—out of 175 rowers

Rosheen rowed 1354m - 49th
Allegra rowed 1330m - 55th
Faith rowed 1320m - 60th
Emmanuella rowed 1284 - 69th
Vesna & Cathy rowed 1273 - 72nd

The Junior team placed 13th with a time of 2:08.0/500m. A fantastic achievement by all the rowers - well done to Daniella, Amelia, Leanne and Luciana.

Year 7 and 8 Panathlon

A big congratulations to the Year 7 and 8 Panathlon team who represented St. Angela's at a multi activity event this term and won gold! The team were up against other schools from across the borough and performed amazingly well taking part in activities such as boccia, standing long jump, football, basketball and curling. All players showed fantastic dedication, determination and all round good sportsmanship by helping and supporting each other. Well done to Chloe, Haiden-jai, Jessica, Malia, Alice and Cherise .



Young Leaders

A huge well done to the fifteen Year 9 students who were selected to take on leadership duties at multiple Panathlon events this term. Most recently they attended an event at Newham Leisure Centre for primary and secondary school students. The young leaders were officiating the different events, explaining how to play to the athletes and scoring the teams. James Linney, the Panathlon event organiser, said the leaders were a credit to their school and did a fantastic job of officiating the event. Well done to Willow, Idora, Rocher, Mayeva, Amelia, Kerry, Alina, Philemora, Alna Maria, Meghan, Mascarenhas, Phenol, Michelle, Daniela, Marvelle and Jana.

London Youth Games - Umpiring

Gamesforce invited us to bring some students to the London Youth Games to umpire the Year 7 and Hi-5 netball finals. These were really big events where the winning school from each borough of London came to compete against each other to be crowned the best team in the area this year. It was a fantastic opportunity for our students to be mentored by qualified netball umpires and become more

confident in their own umpiring abilities. All of the student volunteers did an amazing job on the day and were praised for their eagerness to help and their umpiring skills. A big well done to Jana, Tyra, Esther, Alyssa (Year 9), Tessa, Shante, Sarah, Liba, Nina, Yamina, Eliona, Stephanie, Emily, Olivia, Noor (Year 12)

VOLLEYBALL TOURNAMENT

Over a course of three Sundays, St. Angela's Volleyball teams took part in a volleyball festival. They were playing established volleyball teams as well as other schools. The students learnt so much from this experience and made great progress in a range of volleyball skills. They demonstrated excellent sportsmanship and sporting spirit through. Congratulations to Vitalija, Alicja, Ruth, Eden, Luisa, Carla, Rachael, Alexz, Rachel.



NUTCRACKER!

GCSE Dancers went to see the Nutcracker! performed by New Adventures at Sadler's Wells Theatre. Nutcracker! follows Clara's bittersweet journey from a darkly comic Christmas Eve at Dr. Dross' Orphanage, through a shimmering, ice-skating winter wonderland to the scrumptious candy kingdom of Sweetieland, influenced by the lavish Hollywood



musicals of the 1930s. Here are the thoughts of some of the students: Vitalja said "the production was awe inspiring and the characterisation of each dancer was superb". Jayla thought " the set changes were elaborate and incredible. Shallet said "I enjoyed Matthew Bourne's take on a classical ballet and how he brought the story to life".

U. DANCE at Trinity Laban Conservatoire for Music and Dance

Presented by One Dance UK, each summer the U.Dance National Festival offers dancers to experience the country's biggest celebration of Youth Dance. Prior to this event, groups from around the country perform in regional finals with a chance to be considered for the U. Dance National Festival.

Congratulations goes to Jayla, Vitalija, Jannet and Shallet who were selected to perform at U. Dance 2022 London Regional Platform at Trinity Laban. The day started early at 9am for registration and they had a tech run in the Bonnie Bird Theatre. After their group rehearsal they took part in a CAT Hip Hop workshop with Yolanda from Boy Blue Entertainment. Here the dancers learnt some old skool grooves such as Steve Martin, Bart Simpson, Humpty Hump, Popcorn, Heel Toe Twist. They also

learnt Move Around which is a Boy Blue signature move. They then had to develop the material learnt into a routine with interesting transitions and a canon prior to performing it at the end of the workshop.

After lunch the dancers took part in a NYDC (National Youth Dance Company) workshop run by Arron. The contemporary dance workshop started with a warm up that explored the dancers' use of balance. Creative tasks continued so the dancers individually and with partners explored internal and external movements. The dancers enjoyed learning different dance styles and found them challenging and exciting to take part in.

The dress run allowed dancers to watch the dance pieces by the other

youth companies performing and it was amazing to see the range of work created and performed. During the show the St. Angela's dancers were fantastic and their piece was well received. They will find out after Easter if they have been selected to perform at U. Dance Nationals in Birmingham. Congratulations to Jannet, Shallet, Vitalija and Jayla - they have been an absolute delight and credit to St. Angela's through the whole of this process.



Newham Dance Competition

St. Angela's entered Key Stage 3 and two Key Stage 4 teams into this competition as reigning champions in both categories. The competition was held at NewVic College and each dance was marked by three judges, with the overall highest scoring team being crowned champions. The three teams were excited to participate in this live competition and for the majority of the dancers this was the first dance competition they had performed in. They had good technical rehearsals before taking to the stage to compete in front of an appreciative

audience. They performed strongly and all teams placed in the top three. The two top teams This competition was a qualifier for the London Youth Games Dance Finals and both the Year 11 KS4 team and the KS3 team will go forward to represent Newham. Congratulations to: Year 11 KS4 team were crowned winners - Jayla, Vitalijia, Jannet, Shallet. Year 10 KS4 team placed 3rd - Janelle, Jessica, Micaela, Kaye, Luiza, Rotimi. Year 7 KS3 team placed 2nd - Monae, Kiara, Destiny, Eunice, Myah, Miliana and Zelda.



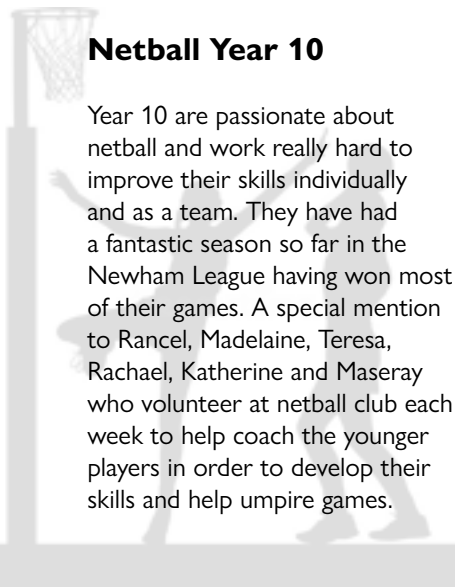
WICKED - PE Theatre Trip

Wicked tells the story of two unlikely friends, Elphaba (the Wicked Witch of the West) and Glinda (whose name later changes to Glinda the Good Witch), whose relationship struggles through their opposing personalities and viewpoints, rivalry over the same love-interest, reactions to the Wizard's corrupt government, and, ultimately, Elphaba's private fall from grace. Twenty one Year 7s attended this musical most of whom performed in Genesis Dance Concert. For many of the students it was the first time they were attending a West End Musical. The tickets were organised through Mousetrap Theatre Projects and they also organised for the performers to take part in a Q&A at the end of the show This was an amazing experience to hear from the performers and they answered the following two questions which were put to them by St Angela's: What is your favourite part of the show? After lockdown, how was the rehearsal process different? The

answers to these questions and others gave the audience an interesting insight in their lives and musical theatre. Here are the thoughts of some of the students: Myah said "Wicked was a thrilling experience. It was one of my favourite theatre shows and seeing the actors perform made me feel inspired to continue singing and dancing". Monae commented, "Wicked was a fun experience and the dynamics on the stage were so fascinating. This influenced me and how I can be like that when I grow up. At the end, I got a lot of information from the Q & A - it told me never to give up and follow my dreams". Zelda said, "I loved Wicked because it was extremely creative and professional. I'm glad I had the opportunity to watch it because I found it inspiring. Also Wicked proved to me that it doesn't matter to be different on the outside, it's only about what's on the inside that matters".

U14 Newham Basketball Tournament

Congratulations to St. Angela's Basketball team who competed in their first basketball tournament. The year 9 pupils came together to form a team as they had performed so well in the inter-form basketball tournament earlier in the year. They supported each other and played well as a team led by captain Esther Banjoko, eventually becoming runners up. Well done to: Esther B, Thea, Angel, Brianna, Divine, Ana, Leona, Valerie, Divinie.



Netball Year 10

Year 10 are passionate about netball and work really hard to improve their skills individually and as a team. They have had a fantastic season so far in the Newham League having won most of their games. A special mention to Rancel, Madelaine, Teresa, Rachael, Katherine and Maseray who volunteer at netball club each week to help coach the younger players in order to develop their skills and help umpire games.

Netball Year 7

The Year 7 have had a fantastic first netball season at St Angela's. They have been competing in the Essex Cup competition since September. The team managed to come first in their league and then made it all the way to the quarter finals of the plate competition which was an amazing achievement. The players have worked really hard over the autumn and spring term to develop their skills in netball. Year 7 have also been competing in the Newham League against other schools in the borough. They have a few games left before the end of the league but so far have done really well having won all of their games except for one. The players are continuing to train and work hard to improve. Best of luck to them all for the rest of the season!



Netball Year 8

The Year 8 team have continued to train hard at netball club and have been competing in the Newham League. They have been doing really well having only lost one game the entire season! The players have shown great dedication and passion for netball and we wish them all the best in their final few games of the season.

Netball Year 9

The Year 9 team have worked really hard at netball club this year and have had a good season in the Newham League. With just a few games left, it is all still to play for!

Year 11

The Year 11 team began their season this term with their first fixture in the Newham League. They have played two games so far with one win and one loss. The players are looking forward to their final few games of the season and hoping to get some more wins!

Indoor Athletics Girls Indoor Simmonds Cup

Well done to all of the girls that took part in the first ever Girls Indoor Simmonds Cup. Years 7, 8 & 9 and 10 & 11 teams have had the opportunity to take part in indoor athletics this season and have done so well. All year groups worked together and gave their best efforts in each of the events. A big well done to the year 8 team who came 3rd in their year group. Congratulations to Nicole who came 1st in hurdles, Eliora who came 1st in 200m and Theresa who came 1st in shot putt.



Sportshall Athletics London Youth Games Sportshall Athletics Quarterly - Year 8

The girls did really well against the teams in East London. Coming 3rd overall is an excellent result for them. The team have shown teamwork and put in a great effort at each Sportshall Athletics event and said that they enjoyed the day. It was a great effort from everyone. Well done to Sarah, Princess, Iri, Keren, Eliora, Janet, Princess and Angeline.



Sportshall Athletics - Year 7

The team did great in both heats for sportshall athletics. Placing 2nd and 3rd, they all performed at their best, worked great as a team and encouraged each other. Although they did not qualify for the quarterlies this year, they tried their best and will be moving into outdoor athletics season! Well done to Nicole, Ebony, Vanessa, Olivia, Temi, Destiny, Amarachi, Michaela, Ashley and Stephanie.



LycaMobile Football Cup Tournament at West Ham United Foundation

A huge well done and congratulations to Alisha, Chiamaka, Feykemi, Divine, Whitney, Martina, Ana and Sarah for placing 2nd at the Lyca Mobile Cup Tournament. The team attended West Ham United Foundation and showed clear resilience, determination, teamwork and sportsmanship. Because of their amazing performance they are going through to the final. Good luck to the team, we look forward to you getting many more medals in the future!



Year 7 & 8 Football Tournament #LetGirlsPlay

The Year 7 and 8 football teams did brilliantly in the football tournament at Forest Gate Community School. As part of the Let Girls Play event the day was dedicated to female participation in football. The girls played excellently and showed drive, consistency and great team cohesion. They placed 2nd at the tournament overall. Well done to Keren, Esther, Janet, Sarah, Martina, Cindy, Angeline and Suriyah. As well as Olivia, Alexia, Vanessa, Michaela, Ebony, Niamh, Megan and Nicole.



West Ham United Vs Chelsea

The football team were given the opportunity to attend a football match and watch West Ham United play against Chelsea. This was a great chance for the girls to be spectators and support their local team! The girls thoroughly enjoyed watching the game, although Chelsea won, it was a great game to watch and the girls had their own analysis of who the best players were and why. This was a great way for them to be rewarded for their excellent play at the Lyca Mobile Cup Tournament.

U15 Essex Cricket Tournament

Congratulations to St. Angela's U15 Cricket team who competed in their first ever cricket tournament. The Year 9 and 10 pupils have just started their cricketing journey by attending a new club that was set up in January. The tournament was held at the Essex County Ground in Chelmsford against tough competition, with some of the competitors competing for the county.

St. Angela's team worked well together, supporting each other and it was good to see them improving throughout each game that they played. They are looking forward to training hard and competing in the summer season.

Well done to Thakshika, Theresa, Adaeze, Hoshana, Reese, Divinie, Kristel, Philemora, Angela, Alexz.



Flag Training with Big Kid Foundation

This term our Years 8, 9 and 10 football teams have been taking part in flag football. Flag football is similar to American football and tag rugby. It has been a great way for the girls to develop their team work skills, as well as their power, agility and speed which all transcend into football. They have been resilient and communicated with each other very well. As challenging as it has been for them, they have found it fun and a good experience.



Football Coaches

A big congratulations to the four Year 10, GCSE PE, students who were chosen as young leaders for a Panathlon football tournament this term. They worked alongside a football coach and worked with two schools to help students build on their football skills. The Coach said the leaders did a fantastic job and were a credit to themselves and the school. Well done to Jeanette, Afua, Elizabeth and Kaira.



U16 football

Well done to the U16 Panathlon team who competed in a Panathlon football tournament this term against other schools across the borough. It was a beautiful day with the sun shining and the effort put in by the players was amazing. Fantastic attacking and defensive skills were demonstrated and some lovely goals were scored. The team were down two players for the tournament and still managed to place in the top five so it was a great day all round. Congratulations to Skylah, Ekene, Sheriska and Angelica.



This year's theme was Gaming with respect.

During the week of the 8th February, St Angela's joined with schools from all over the world for Safer Internet Day.

The Student Council choose a series of activities for each year groups to take part in to raise awareness about young people's role in creating a safer internet, whether that is whilst gaming and creating content, or interacting with their friends and peers.

Message from Year 11 students:

Many parents have a negative perspective about gaming. They think it is a distraction and encourages (depending on the game) socialising with strangers, which naturally they are concerned about.

It is really important to have open conversations with your children and their friends about how to stay safe online because Gaming does provide a valuable outlet for stress, a chance to escape real life / the workload and it is fun.



Our top tips

- Know what your child is playing
- Agree time limits and time of day for being online
- Chat to your child about the game
- Make sure no one gives out personal information
- Don't use photos of yourself in school uniform or by school
- Never arrange to meet up with someone you met up with on line
- Use the report abuse button if someone crosses the line and makes you feel uncomfortable

By Emanuela, T, Allegra

More advice from the year 11 Student Council:
check the age rating of the game, make sure your username gives anonymity, check the terms and condition!
By Diana, Lana

Further Careers Highlights for Our Students this Term!



Year 11 icanyoucantoo – One Hour Inspirational Careers Assembly – March

Our Year 11s heard from Mr Nileshe Dosa – our former Sixth form student, who is a senior consultant at EY Ernst & Young (big 4 Financial Services firm) and advises some of the biggest companies in the world. He delivered a motivational talk about how hard work and focus will overcome barriers and lead to career success.

Nileshe is also the founder of icanyoucantoo a social mobility company who support young people into careers with major city employers. This includes a Year 12 mentoring programme for St Angela's, with 15 Year 12s taking part. This gives our Sixth formers employability coaching and access to major employers. The programme has won awards and is led by executives at EY, HSBC Bank and CRS law firm.

We also heard from Felicia who is one of our Year 13 Ambassadors for icanyoucantoo, who spoke about how much she has learnt, giving her the confidence to present at major events.

Our Year 11s really enjoyed the talk: "I really enjoyed hearing about his life/career journey! I'm thinking of joining the Icanyoucantoo programme as it seems very interesting"

For those Year 11s that join our Sixth form in September there will be places for the next intake for icanyoucantoo.

Forty-four Year 12s have been successful getting onto Realising Opportunities

(RO) - a programme of workshops and mentoring for sixth formers that 14 leading Russell Group universities take part in, with schools nationwide. The RO universities are: Birmingham, Exeter, Lancaster, Leeds, Leicester, Liverpool, Loughborough, Newcastle, Nottingham, Queen Mary, Sheffield, UCL, Warwick and York.

St Angela's have been working in partnership with RO for 9 years. In February we had the fantastic news that 44 of our Year 12s have been successful after applying to take part on this year's programme. St Angela's has the highest number of Year 12s on this major Russell Group initiative across all of the Schools in London!

All of our students attended a launch event hosted by Leicester University in February and took part in a National RO Conference on Sat 12th March.

An important benefit is that our RO Year 12s will qualify for enhanced UCAS offers at all 14 RO Universities, that are 2 grades lower than standard UCAS offers - so a very valuable programme for our School to be part of.



Bart's Health NHS Trust – NHS Careers Work Experience weeks February and April

Eleven Year 12s who are aspiring to either medicine, nursing, midwifery or other healthcare professions were lucky take part in 4 days of virtual work

experience for medical and healthcare professions. Sixteen of our Year 12s undertook this in February and in April. This is via our compact with Bart's Healthcare Horizons team.

Barts Health NHS Trust - run hospitals in London including The Royal London, St Bartholomew's, Newham University Hospital, Whipps Cross and Queens Romford. This invaluable medical work experience gives insights into the day to day roles of healthcare professionals, what patient journeys look like and professional practice.



Year 12 Apprenticeships Awareness Assembly- with Arup Group Apprentice- Thurs 31st March

Our Year 12s were given an overview from Mr Jarvis (School Careers Adviser) of the increasingly popular advanced, higher and degree apprenticeship pathways into careers at 18. They learnt that these are available with major employers in a variety of job roles and for nearly every career sector.

Our guest speaker was Mr Hamza Miah a 1st year Project Management apprentice at Arup Group a leading engineering and built environment professional services firm who work on infrastructure projects worldwide. Hamza was one of our Year 13 students last year and he gave a fantastic talk on his career journey so far and how exploring your career ideas and getting a wide range of work experiences can make a difference in landing that dream apprenticeship opportunity.



HSBC Bank Sixth Formers Careers Insight + Networking Event - Wed 23rd Feb

Sixteen Year 12s and 2 Year 13s attended a bespoke after school careers insight event set up by Mr Kevin Arueya, who left our Sixth form in 2013! Kevin is now a senior trader at HSBC and alongside the HSBC recruitment team they delivered an amazing zoom session direct from the trading office at HSBC.

Our students heard presentations from different areas of the HSBC investment banking business, with inputs from HSBC employees who have taken different routes -including a recent Apprentice and Graduate. There was also valuable info on how to apply for HSBC work experience, apprenticeships and university internships.

Our students were then able to take part networking with senior HSBC executives asking some great questions: "What stands out for you in dealing with a company's equity?" "What do you do at HSBC to allow a level playing field in your recruitment?" "Are their apprenticeship opportunities for back office roles like HR and administration?" "What are the differences in the application process for graduate compared to apprenticeship entry?"

Our students gained some great insights: "The event was good, I really learnt a lot of things, which help me with my career choices" - Shafer

Kevin will now be offering some ongoing mentoring support to selected Sixth formers.

Advertising Agency Work Experience and Mentoring Programmes for our Year 12s

Two Year 12s went through a competitive process to secure places on prestigious mentoring and work experience programmes linking them to mentors at leading advertising agencies as follows:

Carbon Academy 2022 - M&C Saatchi Advertising Agency Mentoring + Work Experience- March to Sept Creative Mentor Network- Break the wall Programme – Leo Burnett Advertising Agency - March to June

Both of these programmes include regular workplace meetings with their professional advertising executive mentors at their Ad agencies. Amy (12

Jenkins) is linked to a Managing Partner and Amirah (12 Onyemere) to an Account Director. They will be able to contribute real work for their employers in a cutting edge industry.

Sutton Trust Pathways to Law and Banking with The London School of Economics and Queen Mary

Seven Year 12s successfully applied for a place on this two year widening participation initiative for students interested in a career in Law or Banking/ Finance. Competition for places was high. This includes taster lectures and mentoring at either LSE or Queen Mary University of London, from students studying a law or finance related degree and opportunities for work experience with employers in the legal and financial services sectors.

Mr Jarvis –School Careers Adviser

The safeguarding team are on hand over the Easter holidays for support. We can be contacted via the school's safeguarding email or calling the school. As ever, If you think a child is at risk of serious harm: Contact Newham Safeguarding Children and Young people Services
If you feel the child is in immediate danger, call the Police on 999

**Main School return date
Summer Term begins
Monday 25th April**

COVID UPDATE

The school is continuing to follow all national guidelines for students in school. Masks are to be worn on school directions and are always to be worn at present on London's buses and tubes by students.

Parental information is sent out through the WEDUC App to parents and carers, if you need support in downloading the app please do contact the school office, who will guide you on uploading.



6th Form

We wish Year 12 and Year 13 the very best during their A-level exam period, Monday 16th May to Friday 24th June.

Year 13 UCAS students should not accept or reject any UCAS offers until they have spoken to both their Form Tutor and Head of Year, Mr Pleasant.

Year 10 Work Experience Week

21ST MARCH - 25TH MARCH

We are delighted that 172 of our Year 10s undertook a week of work experience with a wide variety of local and City employers. These ranged from primary schools, nurseries, care homes, youth centres, GP Surgeries and pharmacies to hair salons, estate agents, retailers, architects, law firms, construction companies and a variety of local businesses.

Employers included: Tesco, Specsavers, UCL (Research Department of Genetics), Riverlinx CJV, The Sickie Cell & Thalassaemia Centre, Mace (Emirates Air Line), Aldersbrook Horses & Ponies, Caramel Rock and The House of Commons Office of Lyn Brown MP.

This was set up in partnership with **15 Billion Education Business Partnership**. Our Year 10s were able to select from a choice of placements and were well prepared to get the most out of the week.

Examples of feedback from some of our Year 10s:

"From my first day, they have given me real work to do and explained their processes really clearly"
- **Amancay at Winton's Real Estate**

"It is really good that I have spent time working with children and learning from them and my supervisors about what is important in caring careers" - **Angel at Alphabet Nursery**

"I had a fantastic opportunity and not only did I meet amazing people but I now know and have a clear vision as to what I want to do in the future. I had the greatest week which made me feel more secure about the world of work" - **Rachel at Balaam Street GP Surgery**

Our teachers returning from work experience visits have been telling us that employers were highly impressed with how mature, reliable, proactive and highly skilled our St Angela's Year 10s are. Some of our pupils have been offered further work experience or even part time jobs for the Summer!

Just some of the fantastic comments for our Year 10s from employers and teachers so far:

"Katherine has been a joy to work with this week and I wish her good luck for the future"

- **Business Manager, St Michael's School**

"Teresa has been great, she was a really proactive member of the team. We could not believe she was only 15! We appreciated the opportunity to be part of it" - **Manager, BiFe restaurant**

"Aliah, Jane and Mairyn were a credit to your school" - **Head Teacher, Latham School**

"Hosana and Avital at Day Lewis Pharmacy were helping customers and being very professional. The area manager was very impressed and offered them summer jobs!" - **Ms Kerr, Head of Year 12**

"I visited Celine at Somo Global digital marketing company she was doing UI/UX Design in the tech dept and also came up with an idea for a user journey for schools to replace lanyards and teachers /pupils can register via a QR code. She received such amazing feedback from the employer who offered a role to come back in the future. They and I were extremely impressed with her work" - **Ms Umo, Maths Teacher**

"Angelica worked in the Garden Community Café. She had a wonderful experience and was excellent at taking the orders and speaking to customers. Congratulations for all the hard work!!" - **Ms Michael, Learning Support Assistant**

"Anda was at Emirates Cable Cars and her employer was really impressed with her work and said they that would like her to apply for a job or apprenticeship with them when she leaves School" - **Mr Ahmed, Maths teacher**

"Zindorela became part of the classroom team leading focus groups with the children. She built a lovely rapport with the children in just a week and we would welcome back her support anytime" - **Teacher, St Helen's** (great comments too for Queenie, Ronela, Miriam and Marisa at St Helen's)

"Angel and Sadie helped out, were polite and so good with the children. They were the best work experience students we have had" - **Manager, Alphabet Nursery**

"Tavia is doing a fantastic job, she is a model student and employee who goes above and beyond what she is asked to do. She has an excellent work ethic" - **Manager, ZFA Property Management Group**

"Blessing has been amazing at Adam Bernard Solicitors. Her feedback has been positive and she worked very hard and has shown excellent resilience on task carried out" - **Ms Ali, IT Teacher**

"Nia has settled in amazingly at Mae Architects, her supervisor commented that they would love to keep her for a few more weeks! She has thrived during her few days with them and has relished all of the different opportunities afforded to her" - **Ms Larkin, RE Teacher**

"Iyrin has done very well this week. From our point of view, it has been very successful and Iyrin has represented St Angela's very well" - **Assistant Head teacher - Essex Primary**

There were so many more positive comments which we do not have space to include and a high number of our Year 10s received outstanding work experience reports.

There were so many more positive comments which we do not have space to include. And a high number of our Year 10s received outstanding work experience reports.

Congratulations to Year 10 for such a successful first experience of work and thanks goes to **15 Billion ebp** for finding and organising so many great work experience placements for St Angela's.

Mr Jarvis, School Careers Adviser



This Lent may we...

Feast on the love and mercy of Christ

Fast from words that pollute

Feast on encouragement

Fast from bitterness

Feast on forgiveness

Fast from anxiety

Feast on compassion

Fast from pessimism

Feast on purposeful silence

Fast from gossip

Feast on faith

Fast from fear

We hope that this Lenten journey will guide us to be better Christians and give us the encouragement to continue our God given mission on earth.

Amen



SUMMER TERM BEGINS MONDAY 25TH APRIL 2022