



CHRISTMAS 2025

St Angela's Ursuline School Newsletter





Dear Parents and Carers,

As we approach the end of 2025, I present to you this Autumn term newsletter packed as you can see with the activities the students have enjoyed this academic year so far. I am sure, like me, you will recognise the sheer quantity as well as the quality of the opportunities provided for the students of the school as their education progresses. I am filled with joy to see that the cultural capital gained, meta skills developed and competition of sport and many other areas are allowing your child to grow to the wonderful person we are both working so hard to develop.

I want to thank the staff for their incredible hard work both in and outside of the classroom, as well as yourselves as parents and carers for the loving and stable homes you provide for your children - without which they would not be so privileged. It is for this reason we have chosen Shelter as the Christmas charity which receives a large proportion of the nearly £2000 we have collected this term.

Equally this term, I want to thank the pastoral staff of the school for their work with students and with parents and families when times have been hard. Without their care and support some of our students would not have coped with the events of life that sometimes take place and I am sure it is a comfort to you all as parents to know the school is caring as much for our own needy students and families as it is for all those in need through our charitable donations.

We move now into the Christmas period, often a time for celebration and reflection as we behold the great gift of the coming of our saviour to the world. I hope for your families a period of quality time together away from the screens of mobile phones, so often the source of strife for children, and time to genuinely enjoy each other's company with care and love.

We say goodbye this term to Ms De'Ath after a relatively short period as Head of Geography and to Mr Patel who conversely has served the school as 2i/c Science for most of his career starting in September 1999. We wish them both well on their futures with great thanks for their service to the school.

We return on Monday 5th January 2026 for all year groups to the busy term of mock results and parents evenings - all of which are face to face and I hope you will make a very special effort to attend demonstrating once again your commitment to your child in our important work together.

Have a blessed Christmas and a Happy New Year!
Yours in Serviam,

Mr M Johnson
Headteacher



For updates on our latest events follow  @StAngelas_Sch

Christmas

CHARITY DRIVES & SOCIAL ACTION

This term the school has worked to ensure a range of charities are supported by staff, students and families.

CHARITY DRIVES

SHELTER	YEAR 8 PYJAMA DAY	182.85
	YEAR8 MOVIE NIGHT	168.98
	YEAR9 PYJAMA DAY	167.41
	YEAR10 PYJAMA DAY	165.64
	STAFF CRAFT DECORATIONS	150.00
	6TH FORM CANDY BAGS	105.60
UNICEF	6TH FORM QUIZ	82.19
	STAFF AND YEAR 13 CHRISTMAS JUMPER DAY	214.79
ROYAL BRITISH LEGION		600.00

TOTAL 1974.47

SOCIAL ACTION

SOUP DAY RAISING AWARENESS FOR CAFOD

YEAR 7 DONATIONS FOR ANCHOR HOUSE





Celebrating my essay's publication

I want to express how thankful I am for the opportunity to do Brilliant Club, and the support of Ms Bacon and my tutor Dechen Rabgyal. I am incredibly proud that my final submission essay on the Windrush generation will be published in the Scholar's Magazine.

Writing this essay was a meaningful journey for me. The history of Windrush is not only an important chapter in Britain's story, but also a powerful reminder of resilience, identity and unity. Being able to contribute to this conversation and to honor the experiences of those who lived it, means a great deal!

This experience has inspired me to keep writing and to continue exploring the stories that shape who we are. Thank you to everyone who supported me along the way. I hope my essay helps spark more conversations about the impact and legacy of the Windrush generation.
Neema Year 8

During the Autumn term, a few Year 10s have been invited to take part in the Brilliant Club programme. We are working with a PhD tutor, who is an expert in her research subject, over the course of a few months, and we will learn a topic outside of the curriculum. The theme we are focusing on is the Ageing Society. I'm really excited to be doing this programme as it teaches us the vital skills we need for university, such as writing formal essays, referencing sources efficiently and researching for reliable sources independently.

Tutorials have started, and I'm enjoying it. One of the things that has stood out to me is that we receive university level teaching and criticism. It's helpful to be able to see where my strengths and weaknesses are in assignments and how I can improve my writing. Even in the early stages, this opportunity has allowed me to develop my critical thinking and has given me more insight into my options for the future. I'm looking forward to the tutorials to come, and to our final assignment, where we'll have to face the task of writing a 2000 word essay.
Summer, Year 10



It was the turn of selected year 8 students to participate in the TeamUp programme during the Autumn Term. Attendance and engagement has been fantastic throughout all of the afterschool sessions that have taken place every Wednesday. All

sessions have been delivered by enthusiastic graduates and retired professionals who share a love of learning and working with young people.

Ms Cunningham, the programme lead for TeamUp has been hugely impressed by the level of focus and determination that the

students have demonstrated this term. Students attending English sessions have focused on effective reading and comprehension strategies. Students attending maths sessions have developed their understanding of algebra and fractions.

Students have enjoyed working with their tutors. Diamond in 8 Fry said: 'I've learnt how to work with mixed fractions and probability and my tutor has been kind and explained things so well!' Chloe in 8 Lyn said: 'I've learnt a lot of new things like mean, median, mode and range and my tutor has been really interactive and patient!' In the last week of term the girls enjoyed the traditional pizza party where they received feedback from their tutors about their TeamUp assessments. Congratulations to all involved!



This term, our students have engaged in a rich programme of personal development through their Rise Up Days, covering essential life skills, safety awareness, and future planning.



Building Strong Foundations

Year 7 students began their St Angela's journey learning about transition, safety, and what it means to be part of our community. They explored friendships, road safety, and developed crucial study skills including meta skills and our school virtues. As the term progressed, they tackled important topics around diversity, prejudice and bullying, learning about the rule of law and anti-bullying strategies, whilst also beginning to think about their future aspirations and financial decision-making.

Expert External Voices

We were privileged to welcome several expert organisations who enriched our students' learning experiences. Shout Out UK delivered powerful Prevent sessions to Years 7 and 8, helping students understand radicalisation and extremism. Year 8 also benefited from Growing Against Violence (GAV) facilitators, who delivered sessions that built on what students learned in Year 7 about keeping safe in the community.

Year 9 received specialist input on drugs education, covering addiction and unhealthy behaviours, as well as a visit from Talk Consent that unpacked what we mean by consent. Year 11 also received a visit from Talk Consent who taught them how to recognise how unhealthy attitudes can lead to unhealthy behaviours, and how to challenge these safely. This developed our older students' understanding of healthy relationships as they prepare for adulthood.

Preparing for the Future

A highlight of the term was our Futures Fair, attended by multiple year groups, featuring an impressive array of colleges, universities, and employers. Students had the opportunity to speak with representatives from over 25 institutions, including University College London, Queen Mary University of London, SOAS, Barts Health NHS Trust, and numerous local colleges. This invaluable experience helped students understand the breadth of opportunities available to them post-16 and beyond.

Developing Life Skills

This term, students across all year groups developed crucial employability and financial literacy skills. They learned about budgeting, avoiding scams, digital literacy, and managing their online presence. Older students focused on CV writing, interview techniques, and understanding employment rights and responsibilities. Year 11 and Year 13 students received targeted support for their public examination preparation, including managing stress.

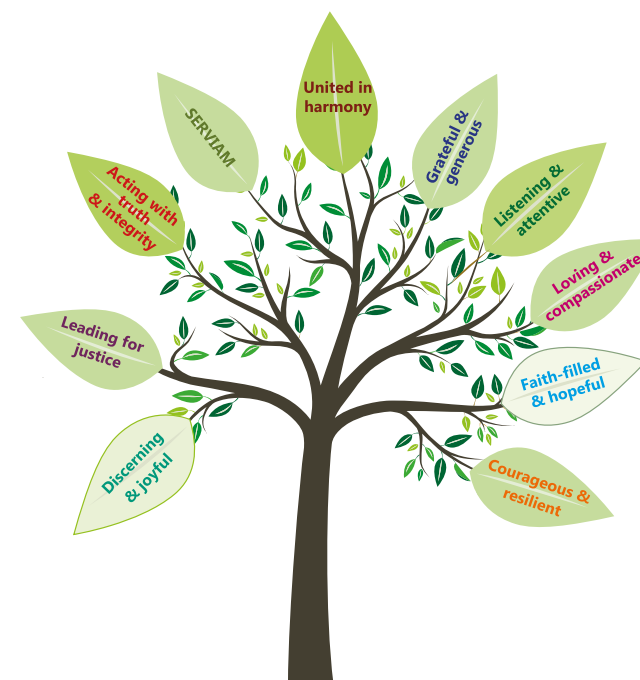
Ursuline Student Profile (USP)

This term students have focused on the Ursuline Virtues of United in Harmony (this term's virtue) and Grateful and Generous (in preparation for next half-term). Students have reflected on what unites and divides communities as well as what binds them. Students have also reflected on the importance of being grateful as well as the importance of generosity in society. These Virtues were also linked to Catholic Social Teaching (CST) on what we mean by the 'common good' as well as stewardship for God's Creation.

Please check the school twitter for all our events this term.

https://x.com/StAngelas_Sch

Our Rise Up Days continue to provide students with the knowledge, skills, and confidence they need to thrive both in school and in their future lives.



HEADS OF YEAR



Year 7
Our new Year 7 cohort has made a fantastic start to their journey at St Angela's, embracing every opportunity with enthusiasm, kindness, and a true Ursuline spirit. From their very first day, the year group has shown curiosity, courage, and a willingness to get involved; qualities that have already made them valued members of our school community. A key highlight of their induction was the launch of our Legacy Leaders programme. Year 7 students learned how leadership at St Angela's is rooted in the Ursuline virtues, such as respect, compassion, perseverance, and service. Each form worked thoughtfully to appoint their own Legacy Leaders, students who embody these virtues daily and act as role models

Year 8
I am really proud of all that Year 8 has achieved so far this academic year. They share their space with our year 7 cohort and are excellent ambassadors and role models to our youngest students in the school. Year 8 continue to avail of every opportunity they are given and have embraced all of the extra-curricular activities that are on offer at school. It is wonderful to see that Year 8 lead the way with having the highest attendance in the school and the highest number of praise points. This is not only testament to them but also to you, as parents as you continue to support me in the role of guiding the cohort through their educational journey. Their most heartwarming achievement this year was their year group charity fundraiser for SHELTER, a homeless charity. The Year 8 student council members organised a non-uniform day and a movie evening with snacks at school. It was lovely to see so many of the year group attend to watch "The Grinch Stole Christmas". Some of them in their pyjamas to get extra cosy. Their behaviour was impeccable and the year group raised over £300 to donate to this cause. As always they continue to give in the true spirit of SERVIAM. I would like to take this opportunity to wish you all a restful and blessed Christmas. I am very much looking forward to working with you, the parents and the girls next term.
Mr Mason
Ms Mason



for their peers. The maturity and insight shown during these discussions were truly impressive. Another memorable experience was the Year 7 trip to Oxford University. This inspiring visit helped students understand what it means to be an Ursuline girl: someone who aims high, works with purpose, and dreams without limits. Exploring one of the world's most prestigious academic institutions opened their eyes to future possibilities and reminded them that their journey has only just begun. Year 7s have also thrown themselves into school life beyond the classroom. Many have joined new clubs, ranging from sports teams and performing arts to STEM, reading clubs, and social action groups quickly becoming active contributors to our vibrant extracurricular community. One of the most heart-warming achievements this term has been their commitment to service. In line with the Ursuline value of generosity, Year 7 students organised a collection of sanitary products for women and families in need. Their compassion and sense of responsibility made a real impact and demonstrated the power of small acts of kindness. We are incredibly proud of the way Year 7 have settled in, supported one another, and begun shaping the legacy they will leave at St Angela's. Their first term has set a wonderful foundation for all that is to come.
Ms L Ofori

Year 9
Year 9 have made a fabulous start to their last year in Key Stage 3 and risen to the challenge of being leaders of the Key Stage admirably. They have participated in the school other extra curricular activities for example The Launch Academy, sporting events, debate mate. They are such fantastic ambassadors! The Year 9s continue to collaborate effectively with their staff as they are cognisant that this is at the heart of their individual progress and success. I am proud to see students approaching their studies with maturity as they begin to prepare for the important decision of choosing their GCSE options next term. The year group are conscientious of their future choices and are making an excellent effort to take up all opportunities to support them in making this decision. Thank you to all the families for their ongoing support and I wish you all a peaceful Christmas and New Year.
Ms Sheehan



Year 10
What an excellent start the Year 10s have made to their GCSE studies, we are incredibly proud of them. They have taken all their good practice from key stage 3: to be their best, collaborate with their staff, be kind to themselves and others and built on this foundation to produce top quality work in both their core and option subjects. The girls continue to immerse themselves in all the extra-curricular activities that the school has to offer and as always, they demonstrate an excellent sense of maturity showing an awareness of the need to balance their academic studies with some relaxation time.

The Year 10s conscientiously planned and prepared for their assessment week during the week of the 10th of November and took very seriously the importance of strategic planning - making good revision materials that they can use again at the end of year. We want to extend a huge thanks to Bracha, who won the Jack Petchey award and donated her money to the year group, so that revision resources could be bought.



The girls have been busy preparing for work experience which begins in March. Many of them have found their own places and went to their prospective employers, held interviews and secured positions. The next step is for those who did not find their own place to do so through the portal. They are very busy researching their options and are getting excited for what lies ahead. This has been a fantastic learning experience already about meeting deadlines, thinking about soft transferable skills and considering next steps. I would like to take this opportunity to thank you all for your continued support this year and I would like to take this opportunity to wish you and your families a peaceful and happy Christmas.
Ms Kerridge



Year 11
Year 11 have had an absolutely outstanding start to this academic year! From September students have been focusing on their Year 12 choices: discussing different colleges and course options in form time; having their careers appointments; and researching online. When we return in January and the mock examination results are released, I will be expecting an influx of reference requests as students begin applying to colleges. This is a good time to remind you that in my reference for each student I will be asked to comment on your daughter's: attitude to learning, attendance and punctuality. Students should focus on maintaining each of these as the year progresses.

Attendance to Study Support has been excellent throughout the term, showing the year groups impressive work ethic. Mr Johnson rewarded this effort with a non-uniform day, which shows just how well the year are conducting themselves.

Students have also conducted themselves beautifully during the Mock Examination period. Students were completely focused in revision lessons and were using an excellent range of revision strategies. This is all superb practice for the Public GCSE Examinations in the Summer Term; I know students are going to keep exceeding our expectations at every stage.

I wish Year 11 a restful Christmas break after all of the hard work this term! And I look forward to seeing you all in January ready for 2026. Merry Christmas and a Happy New Year to all of Year 11 and their families.
Ms Peacock

Year 11 Success To Do List

Adabola, Carter, Finch, Hadley, Leverson and Rocket

- ☐ Focus in lessons
- ☒ Attend Study Support
- ☐ Revise
- ☐ Plan for Year 12
- ☐ Get organised
- ☐ Get enough sleep
- ☐ Ask for help when you need it

Well done Year 11 on your fantastic Study Support attendance!

yes!

Don't Stop Until You're Proud

THE BEAUTIFUL THING ABOUT LEARNING IS NOBODY CAN TAKE IT AWAY FROM YOU

YEAR 11 REVISION TIMETABLE

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Picture: _____ Mind map: _____

THE BEAUTIFUL THING ABOUT LEARNING IS NOBODY CAN TAKE IT AWAY FROM YOU

Sixth Form

Year 12

Our Year 12 students have made a positive start to their time at St. Angela's Sixth Form which started with their induction at University of East London. The day included a range of activities and students took part in team-building, speed dating with Year 13 and how to manage their well-being. Feedback from staff and students was extremely positive and students left the day aware of the high expectations we have for them and how integral they are as part of our school community.

Following their induction, Year 12 have been forthcoming in taking part in school events. Over 60 students were excellent ambassadors at our Sixth Form Open Evening and greeted members of the public upon arrival and supported them with directions around the school. Year 12 have also attended charity events with Year 13, taken part in fundraisers for Operation Christmas Child and taken leadership roles in delivering assemblies to the whole school. It has been a pleasure to see them embody the Ursuline Virtues and school ethos of Serviam.



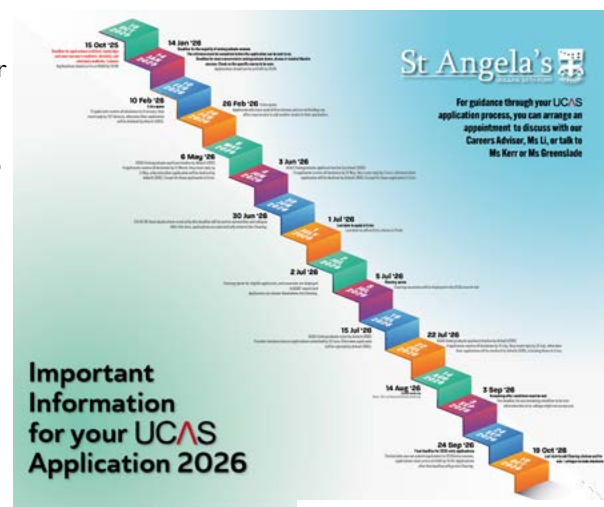
Outside of school, Year 12 have taken part in a variety of super-curricular activities, including visits to the High Commission of Canada, University tutorials and a wide range of work experience opportunities. Year 12 has made a fantastic start to Sixth Form life and we look forward to continuing our work with them in 2026!

Year 13

Year 13 have been working very hard in the lead up to their mock exams during the first two weeks of December. They have got to grips with creating revision timetables and practicing papers, so we hope that the results of the mocks will reflect their hard work and demonstrate that they are on the road to success in the summer! Nearly all the students have sent off their UCAS applications and many have received all 5 of their offers already, which is very motivating. Several students participated in an Apprenticeship Breakfast to meet some alumni who had been successful in securing apprenticeships previously; hopefully it has prompted them to move further on their journey towards these competitive positions. We have had a flurry of interview dates from Oxbridge, Manchester and other universities and have been helping students to prepare for these in recent days. Please keep our applicants in mind during these stressful weeks! We are very proud of their efforts so far.

Earlier in the term, the Student Leadership Team organised some very well received events, including a thought provoking assembly for Black History Month and an exciting quiz. They have represented themselves and their year group exceptionally well this term and have really set a standard for future Student Leaders. The final social event of the year was a Pyjama and Movie Night just before their mock exams - a lot of hot chocolate was consumed and we all enjoyed some vintage Jackie Chan high jinks! Thank you for your support at home and we wish you a wonderful Christmas break.

Ms Kerr and Ms Greenslade



UCAS

10 BOOKS FOR DECEMBER

Didn't get a chance to borrow a book? All these and many more books are available to read through the TLC eBook Service - ePlatform which can be accessed through the TLC tab on RM Unify.

KEYSTAGE 3 Age 11-13

TIME TRAVELLING WITH A HAMSTER

- Ross Welford

On Al Chaudhury's twelfth birthday his beloved Grandpa Byron gives him a letter from Al's late father. In it Al receives a mission: travel back to 1984 in a secret time machine and save his father's life. Al soon discovers that time travel requires daring and imagination. It requires, ignoring philosophical advice from Grandpa Byron. All without losing his pet hamster, Alan Shearer.

DIARY OF A BASKETBALL HERO

- Shamini Flint

Marcus Atkinson is a basketball hero (not!). But his dad is convinced that Marcus has magic in his bounce. Marcus is a maths whiz who is not good at sport. His dad is a self-help author who thinks Marcus can achieve anything he sets his mind to, with hilarious results.

THE BOOK OF STOLEN DREAMS

- David Farr

Rachel and Robert live a grey, dreary life under the rule of cruel Charles Malstain. But when their librarian father enlists their help to steal a forbidden book, they are plunged into adventure. With their father captured, it is up to Rachel and Robert to uncover the secrets of the Book of Stolen Dreams and track down its mysteriously missing final page in order to save him.

GRANNY TING TING

- Patrice Lawrence

Shayla can't wait to see her cousin Michael again. Last time, they had great fun chasing Granny's chickens and playing hide-and-seek in the bamboo by the river. But Michael thinks everything in London is better than in Trinidad where Shayla lives, which makes him better than her, doesn't it? Soon everything's a competition.

BEDDLE THE BARD

- J.K. Rowling

The Tales of Beedle the Bard are the wizarding world's Grimm's Fairytales. This edition is translated from the original runes by Hermione Granger herself and contains helpful notes from both Professor Dumbledore and J.K. Rowling. A wonderful opportunity to read the stories that played a crucial role in the fight against Lord Voldemort, these classic fairy tales are sure to delight and educate in equal measure.

KEYSTAGE 4 YOUNG ADULT

TOFFEE

- Sarah Crossan

Marla isn't who she thinks she is. Marla is a woman trying to remember. When Allison runs away from home, she doesn't expect to be taken in by Marla, an elderly woman with dementia, who mistakes her for an old friend called Toffee. Allison is used to hiding who she really is, and trying to be what other people want her to be. And so, Toffee is who she becomes. But as her bond with Marla grows, Allison begins to ask herself: where is home? What is a family? And most importantly, who am I, really?

FAKE SKATING

- Lyn Painter

From play dates on the playground to sneaking into movie theatres, Dani and Alec were inseparable as kids. Until Dani moved away. Years later, Dani is back in Minnesota, and excited to reconnect with the nerdy and comforting Alec. But teenage Alec is NOTHING like the boy she remembers. He's the hockey STAR in a town where hockey players are worshipped as gods - and he loves it. When Dani and Alec find themselves thrown together, "complicated" becomes an understatement.

THE OTHER SIDE OF THE TRUTH

- Beverly Naidoo

Twelve-year-old Sade and her little brother Femi are forced to flee from their home in Nigeria to Britain. They're not allowed to tell anyone - not even their best friends - as their whole journey is secret, dangerous - and illegal. Their dad promises to follow when he can, but once the children arrive in London, things go from bad to worse when they're abandoned by the people they had been told would protect them. With the strength of spirit in her heart, Sade will find the courage to fight for the new, happy life she, Femi and her dad deserve.

NOTHING LIKE THE MOVIES

- Lynn Painter

Wes had his dream girl but then he lost her - and the only way to get her back is to scheme like a rom-com hero... For a few beautiful months, Wes and girl-next-door Liz were together. But right as the two were about to set off to UCLA together, tragedy struck and their relationship ended. Flash forward and Wes and Liz find themselves in college, together. But is determined to make her fall back in love with him. And he has a foolproof plan to win her back with the rom-com worthy big gestures she loves.

POWERFUL

- Lauren Roberts

Adena and Paedyn have always been inseparable. Fate brought them together when they were young, but friendship ensured they'd always protect each other and the home they built in the slums of Loot. But now Paedyn - an Ordinary - has been selected for The Purging Trials. Now alone in Loot, Adena must fend for herself. She meets Mark, the mysterious man from the market who comes to her rescue. Mark's shadowy past and secretive power set him apart from the other low-level Elites of Loot. As the pair team up to see

their loved ones before the Trials begin, the quest tests their loyalty, their love, and their lives...

CAREER ADVICE AND OPPORTUNITIES

Future Lawyers? Year 12 Gets a Taste of Life at Linklaters

Our Year 12 students visited Linklaters' London office, a global law firm, representing St Angela's brilliantly and demonstrating excellent professionalism during their exclusive networking event. The day provided invaluable insights into careers in law and business through professional networking, careers carousels with different departments, office tours, interactive seminars, group work activities, and an exclusive client networking event. This experience gave students real-world understanding of legal and business sectors, helping them make informed decisions about future careers.



Year 9 Takes Off: New Partnership with The Launch Academy

We've joined The Launch Academy, working with Inspire and supported by The Mercers' Charitable Foundation. This is a 3 year programme that will start in Year 9 and follow the students into Year 11, strengthening careers support through meeting individual needs, employer encounters, workplace experiences, and personal guidance.



Year 13 Kickstarts Their Future at Careers Breakfast Morning

Our Careers Breakfast Morning brought together students and alumni apprentice professionals over breakfast to explore different career paths in an informal, relaxed setting. Students engaged with alumni apprentice professionals from Capgemini, Just Eat Takeaway, BNP Paribas, Natixis, and PwC, discovering career pathways and apprenticeship opportunities beyond their initial expectations. Through these conversations, they gained insights into required skills and qualifications, received practical application advice, and built valuable industry connections to inform their future career decisions. A huge thank you to our alumni apprentices Muhammad-Ali, Zain, Faith, Kareena and Meet for their invaluable help and support to our school community.



Girls in Data: St Angela's Students Meet Industry Leaders at Capgemini

For the second consecutive year, Year 10 Computer Science students participated in enriching workshops delivered in partnership with Girls in Data and Capgemini, a leading global technology and consulting firm. These sessions provided invaluable opportunities for students to engage directly with female professionals working at the forefront of the technology sector, gaining insights into career pathways, industry practices, and the diverse roles available within this rapidly evolving field.

Years 10 and 11 Careers Assemblies

Students attended assemblies led by Newham College London (represented by Newvic) and Waltham Forest College representatives, learning about post-16 pathways including BTECs, T Levels, and apprenticeships.



CAREER ADVICE AND OPPORTUNITIES

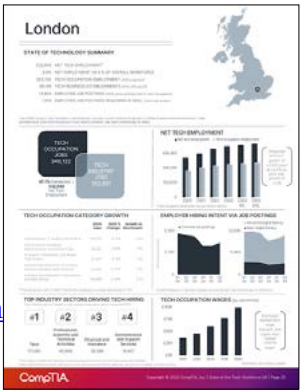
One-to-One Careers Guidance

Year 11: 73% have completed individual careers guidance meetings, with all students on track for completion by spring term. Year 13: Every student has been offered an individual careers guidance meeting, with 32% currently seen. We're following up with remaining students to provide tailored guidance on university applications, apprenticeships, employment and alternative pathways.

LMI Spotlight

LMI Fact

CompTIA's State of the Tech Workforce UK 2024 showed that the sector employed 2.1 million workers in 2023 with employment increasing by nearly 2% in 2024. You can read more about the [IT industry here](#). Read CompTIA's current [State of the Tech Workforce UK 2025 here](#). Job of the term!



A software developer creates, maintains and improves systems, testing both hard and software systems. They write diagnostic programmes and design and write code for operating systems and software to ensure efficiency. Watch the video to learn more about how much a software developer could earn, the working hours and different pathways into the industry.

Employer Spotlight

The Government Communications Headquarters (GCHQ) is an intelligence and security organisation responsible for keeping the UK and its citizens safe. GCHQ employs a wide range of technical specialists who work together to protect national security, including: developers and programmers, data analysts, cyber security specialists, system designers and technical analysts and researchers. These professionals use their expertise to safeguard the country from various threats, working at the cutting edge of technology and intelligence. Read more about [GCHQ Careers](#) here.



Discover how Siemens, a global technology company focused on industry, infrastructure, mobility, and healthcare, is shaping the future and how students can be a part of it. [Springpod's Siemens Technology Virtual Work Experience](#) will help

students explore real-world projects, hear from Siemens professionals and uncover exciting opportunities available through their early career opportunities.



St Angela's Futures Fair

We recently hosted our Futures Fair for Years 10 – 13, bringing together employers, training providers, and further and higher education institutions to help students explore future pathways. Students met face-to-face with representatives from sixth forms, colleges, universities, training providers and employers from diverse industries. They learned about different career routes – from apprenticeships and technical qualifications to university pathways – gaining comprehensive understanding of all options available post-16 and post-18. A huge thank you to all the exhibitors who inspired our students about their future possibilities!



Drama

The Drama Department has enjoyed a full and exciting start to the academic year, filled with creative exploration, Theatre trips and the early excitement surrounding our next school production, Oliver Jr! From Year 8 to Year 11, our students have stepped into Theatres across London to witness some of the most imaginative and powerful productions currently on stage. Their enthusiasm, commitment and curiosity have made each visit a tremendous success.



Students in Year 7 have made a tremendous start to their secondary school Drama education and have been working on excellent pieces of work on The Forest Child, The Lion, The Witch & The Wardrobe exploring how Physical

Theatre and storytelling can be used to engage an audience. Our Year 8 students were the first to venture out this term, embarking on not one but two magical reward theatre trips. Their visit to 'My Neighbour Totoro' offered a spellbinding introduction to imaginative stagecraft, combining puppetry, music, and storytelling in a way that left students completely entranced. Shortly after, they were transported to the mysterious world of Hawkins with a thrilling performance of 'Stranger Things: The First Shadow'. This cinematic stage prequel dazzled the group with spectacular effects and a gripping story, providing a perfect blend of entertainment and inspiration for our budding dramatists.

Year 9 also enjoyed a remarkable theatrical experience with their trip to the Royal Academy of Dramatic Art to see Hamlet. Watching such an iconic play interpreted by the next generation of professional actors gave students a deeper appreciation

RADA

for classical Theatre. Many commented on the power of Shakespeare's language and how energising it was to see it performed live in an intimate RADA space.

Our GCSE groups have likewise been immersed in professional work to support their studies. Year 11 travelled to see The Harder They Come, a vibrant musical packed with movement, colour, and raw charisma. The production offered valuable material for their written exam and devised work, and it sparked lively discussion about characterisation and political storytelling.



Year 10 have made an absolutely tremendous start to their GCSE Drama course. Their commitment has been evident not only in lessons but also in their engagement during our trip to see Punch. This bold and confronting piece of physical theatre challenged students to think critically about form, structure, and the actor audience relationship. Their reflections afterwards demonstrated maturity, insight, and a growing confidence in theatrical analysis. We are incredibly proud of the momentum they have already built and are excited to see their creativity flourish throughout the year.



Oliver Performances - January 2026

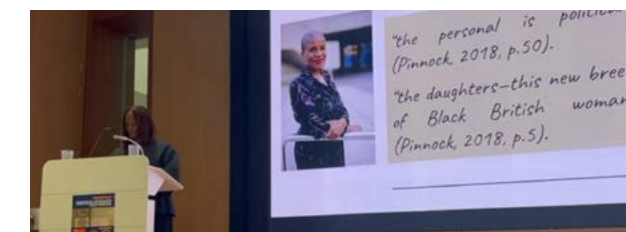
As we look ahead, the department is buzzing with anticipation for our upcoming school production of Oliver Jr! Rehearsals are already underway, and the energy from our cast and crew is infectious. This beloved musical, filled with unforgettable characters and timeless songs, promises to be a vibrant and heart-warming show. Students from across the school are working tirelessly on acting, singing, choreography, and backstage roles to bring Victorian London to life on our stage. We are delighted to invite families, friends, and members of our school community to join us for performances on January 29th and 30th, 2026. Save the dates. Oliver Jr! is shaping up to be one of our most exciting productions yet, and we cannot wait to share it with you.



English

Breaking News: Year 8 visit to The Guardian Newspaper

On a bright Wednesday morning 20 Year 8 students along with Ms O'Sullivan, Ms Davies and Ms Royer set off for The Guardian. We spent the day with a wonderful team of journalists who taught the students the skills of critical research as well as report writing. The event was media driven with a creative outcome and the follow up enabled the pupils to showcase their journalistic writing. "It was a brilliant day - I will definitely consider my sources really carefully in the future," said Chloe. "It was an amazing place to spend the day - I would live to work in the field of journalism" said Isabelle. It was a fabulous day and we made some great links for our school through the event.



International Conference In Brussels Celebrating Scholarly Achievement: Brussels University Invitation

At the start of the term, Miss Wharton was invited to present a paper at the Inaugural Meritocracy in Literature Conference at Brussels University. The international conference brought together leading scholars to explore how literary merit is defined and whose voices are highlighted within the literary canon. Miss Wharton's paper - an adaptation of her MA dissertation on Black British women in literature, focused on Leave Taking by Winsome Pinnock, one of the new GCSE set texts currently studied by Year 10 and 11. Her contribution examined the importance of recognising and valuing the work of Black British women writers, and what "meritocracy in literature" means for ensuring that all authors have equal opportunity for their work to be acknowledged and taught. It was an honour for Miss Wharton to be part of such an accomplished academic community, discussing themes that directly impact the English curriculum. She is also delighted to announce that her paper will be published by Bloomsbury in the new year—an exciting development for both English Literature and the ongoing diversification of the curriculum. The school is proud that students are engaging with texts by Black female writers, whose stories enrich their learning and broaden their understanding of the world.



Debate Club 2025-26

Debate Mate Launch at Emmanuel Centre

On November 5th, 13 enthusiastic Year 7 students attended the Debate Mate Launch at the Emmanuel Centre. The event was an engaging and inspiring experience where our students had the opportunity to interact with peers from other schools and gain a deeper understanding of how Debate Mate sessions operate. A highlight of the day was the live debate on the topic of whether short form reels such as Tiktok and Instagram reels should be banned as they are too addictive - A stimulating discussion! We spoke to one of our Year 7

students about her experience and she shared a lovely reflection of the day: "It was fun and interactive and I loved meeting new people from other schools and also learning about Debate for the first time!" - Zoey (7ELI) Following this fantastic launch, our first after-school Debate Mate session was an incredible success, with a mix of new and experienced debaters. It was wonderful to see such high levels of enthusiasm already and we look forward to seeing how their debating skills develop throughout the year!



RE

Year 10 Residential Retreat

20 of our Year 10 students participated in a residential retreat led by the BCYS at Abbotswick in Brentwood, over the two days they played games, had discussion on faith and reflected on their life journey through a range of creative activities. They ended the evening with music, worship and marshmallows around a bonfire. Lots of fun was had by all.



Year 10: Year Retreat

On Friday 21st November, all of Year 10 participated in a full day of retreat led by the RE department on the theme of being voices for justice. The day started with Mass. Students then had a reflective and creative workshop led by Caritas Brentwood and also spent time in meditation as well as creating collages to reflect justice in the world. The day ended with then creating rainbows of hope to end this Jubilee Year of Hope.



SACRE

Throughout the Autumn term, Year 10 students were elected to become part of the Standing Advisory Council for Religious Education. Where they had the opportunity to meet with different schools in Newham about the importance and relevance of Religious Education and being able to identify Religion within our local community. Conversations about charity are a common theme and students have visited a church as a part visiting places of worship and students were able to see Gospel Values being carried out in St Matthew's and Highway Church.



Diocesan Leadership Conference

Four of our Year 11 students attended the annual student leadership conference at Brentwood Ursuline on October 16th. The day was centered around how the students could be young leaders and role models in their school. It was an excellent way for schools in the diocese to work in collaboration with each other.



Sixth Form Justice and Peace Group

The new year 12 students have been very proactive in raising money this term. They baked cakes and sold them to the staff which raised over £160. They then used the money to fill shoe boxes full of Christmas gifts to be sent to children via the Charity Samaritans purse.



KS3 RE- Year 9

Students in Year 9 have been learning about the importance of Mary for Catholics. They have explored interesting themes, such as the magnificat the assumption and the Rosary. They also gained a deeper appreciation for the significance of Mary in her dedicated feast days.



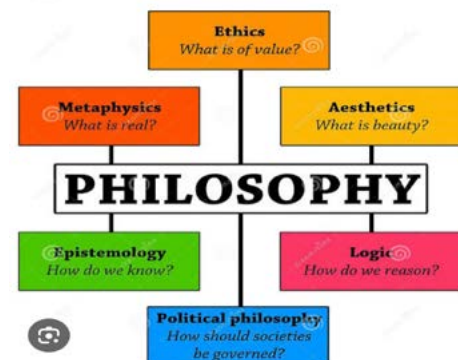
KS4 RE- Year 10

Students have had a really positive start to their RE GCSE journey. They have explored both the topics of Creation and Incarnation which gave them an opportunity to gain deeper understanding of Biblical texts as well as art work for comparison. One notable study was of Michelangelo's creation of Adam. Students were also introduced to their first sample of GCSE questions, of which many excelled in their responses.



Core RE- Year 12

Year 12 have been exploring both philosophical and ethical issues in core RE. It's been a great way for students to develop their critical analysis and evaluation skills through exploring topics such as the existence of God, the role of Miracles and visions as well as ethical approaches and application.



Maths

KS3

Our students are gearing up for the Jack Petchey Count on Us Secondary Maths Challenge, an exciting opportunity designed to engage Years 7 to 9 in collaborative and competitive math activities. Every Thursday lunchtime, students gather at the Count on Us club with Mr. Karaganev to hone their math challenge skills through in-school practice challenges.

This engaging programme not only makes maths fun but also boosts students' confidence in their mathematical abilities. From the dedicated participants at our club, a team of five will be selected to represent our school in the upcoming Count on Us tournaments, which include regional heats and the prestigious Grand Final.

We encourage all students in Years 7 to 9 to join in on the fun and sharpen their problem-solving skills! We look forward to seeing our talented team shine in the competitions ahead!

KS4

Our Year 11 students have been working very hard this term preparing and completing their December Mock exams. They have shown great determination and commitment attending extra study support sessions and completing revision booklets. We wish them the best of luck for their results in January!

KS5

Our Year 12 students have once again shown real mathematical flair through their participation in the UKMT Senior Mathematical Challenge (SMC), a national problem solving competition that encourages students to think creatively, apply logical reasoning and tackle unfamiliar questions with resilience. We are especially proud of Humera, who achieved Best in School, and of Hasna and Haiqa who, along with Humera, earned Gold awards and secured places in the prestigious Senior Kangaroo follow-on round. The Senior Kangaroo is an invitational challenge that stretches the very best mathematicians in the country, requiring elegant reasoning and sharp insight. We are proud to announce that Humera went on to achieve Silver in the Senior Kangaroo Challenge, which is truly an amazing feat.

Their success is a wonderful reflection of their hard work and enthusiasm for mathematics, and we wish them the very best as they continue representing our school at such a high level.

Below is a reflection from one of our Gold award students, Hasna:

Completing the SMC was an incredible experience. I was able to hone my logic and reasoning skills with the unique questions that were completely different from the usual exam-style questions we get at GCSE and A-level. Doing this competition allowed me to look at maths from a completely different perspective, and participating in this challenge certainly made me become a more confident and well-rounded mathematician. This challenge did not only benefit me academically, but also socially. My friends and I would meet up after school to prepare for this competition, and we bonded over the mind-bending questions and the satisfaction



Economics



Year 13 have now completed their microeconomics content, ending the term with a focus on market structures and the ways monopolies emerge. We explored real-world examples, including NVIDIA's rise to becoming the most valuable company in the world—an excellent illustration of how dominant firms can shape markets.

Year 12 are nearing the end of Theme 1 and have been studying government intervention. The recent budget has provided timely examples for our lessons, particularly the proposed 3p-per-mile charge for electric vehicles,

helping students see how policy decisions affect market outcomes. Student Achievement Congratulations to Safiyya Maljee, who was awarded first-round runner-up in the Worshipful Company of International Bankers (WCIB) essay competition. Her excellent entry outlined to the Chancellor of the Exchequer a compelling strategy for generating long-term economic growth and explained why it offered the strongest approach. We are very proud of her achievement.

Politics

Many Politics students progress to a career in Law – one ex- student recently qualified as a Barrister- so it is very useful to see the law in practice (not as seen on television in ‘Suits’ etc). To this end, the students recently visited the Supreme Court, one of the key institutions in the UK for holding the Government to account and to ensure that our human rights are protected.

Whilst at the court the students held their own trial of a recent case, regarding the controversial ‘joint enterprise’ law, and had to develop and deliver their own legal arguments in the court.

Following this we visited 10 Downing Street and HM Treasury. It is useful for the students to see these famous landmarks and also get the opportunity to get close – but not too close - to other famous London sights.

Lastly, we visited the National Gallery, with its iconic Christmas tree, which the students were surprised to learn that Norway annually gifts to London as thanks for WWII support



Business

Year 10

Our Year 10 students have made a fantastic start to their business studies course. Both teachers have been so impressed with their attitude and hard work. The students have been focusing on marketing and creating business ideas and have had an opportunity to conduct their own research and present their findings on social enterprises. This developed their confidence and meta skills early on in the course. We have high expectations from this cohort for the rest of the year and in the summer of 2027.

Year 11

Year 11 have recently completed their mock exams with a focus on theme 1 investigating small businesses. We have introduced a lot more group work into their lessons as now they have the foundations of solid business students. They have presented business ideas focusing on elements of their specification such as the design mix, allowing them to implement a lot of the concepts they have learnt over the course so far.

Year 12

We are blessed with a very hardworking year 12 cohort this year. The students have also been able to apply their knowledge of business in groups and in presentations. The focus being looking at business plans and managing costs. The next step is for the students to prepare themselves for their upcoming mock exams.

Year 13

Year 13 had a fantastic set of results at the end of their AS examinations and we expect that trend to continue into the final exams. They have made excellent progress in theme 4 having covered a significant amount of the content. They are currently preparing for paper 3 which requires them to conduct their own research. This year they will be presenting their findings to the rest of the cohort and learning from each other. We have high expectations for a successful summer to come.

Art



As they embark on the GCSE course, Year 10 students have been exploring working in a range of different artistic mediums and techniques - from graphite pencils and mark-making through to colour mixing with watercolour and colour pencils. The work they have undertaken supports the development of a portfolio which demonstrates contextual and experimental research while helping them gain confidence in the use of media and mastery of skills.

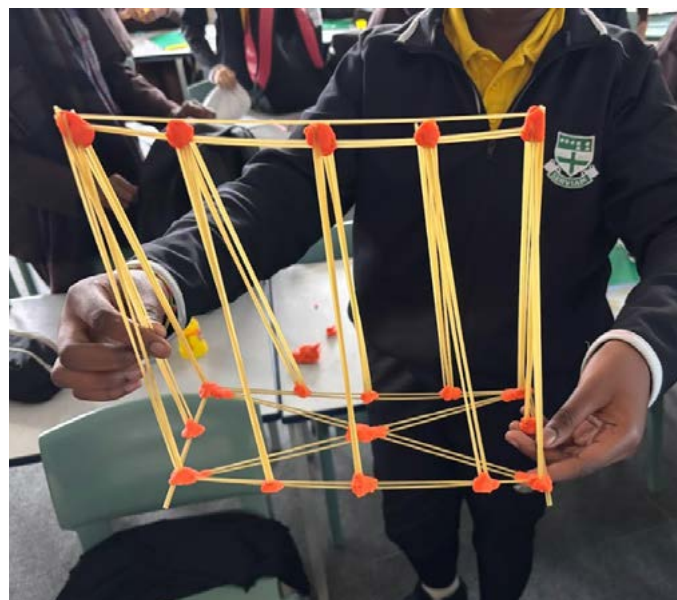
Our students have made an amazing start on the course as they explore Natural Forms as the starting point for their learning. The intricate details and textures observed in nature pose a considerable challenge and students are already demonstrating excellent recording skills as a result of their engagement and commitment. As we move into the next term, students will begin their independent research into the theme Still Life and employ all they have learned and practiced so far to develop work that explores their own interests and ideas.



Geography

Year 7

Year 7 started the term with our 'Fantastic Places' topic. This involved travelling around the world to explore places to develop their location knowledge, encouraging a sense of awe and wonder whilst practising some key geographical skills. We are looking forward to their hard work in their next topic of 'Development'. Year 8 started with 'Weather and Climate'. This looked at the physical processes of weather, global climate zones and finished with past climate change. This has cross-curricular links with Science as we learnt about the greenhouse effect. They moved onto 'Population and Migration' where they have examined global population issues, and case studies on population control. Year 9 began with 'Tectonic Hazards'. Students learnt the physical processes then examined case studies of contrasting locations to assess factors that affect the scale of disasters. They had an opportunity to design their own Earthquake Proof buildings. They moved onto 'Globalised Fashion', focusing on the globalisation of the fashion industry. The Trading Game enabled them to think deeply about the unfair nature of global trading and the exploitation of resources.



Year 10

Year 10 have had a strong start to their GCSE, working on their first topic of Coasts. This led perfectly towards their Paper 3 physical field trip to Walton-on-the-Naze. Here students developed an enquiry question, presented their data and drew conclusions. They have since moved on to the topic of 'Urbanisation' focusing on Rio then studying our local area of London.

Year 12

Year 12 students have had a very busy start of the year. In Hazards students have examined seismic and volcanic case studies to assess the contributing factors to the severity of the disasters. They have had opportunities to practise statistical and data analysis as well as developing their exam techniques gradually throughout the term. In Changing Places, students

Year 11

Year 11 also started the year studying 'Coasts' and attended the physical field trip to Walton-on-the-Naze alongside Year 10. They collected the data then analysed and concluded their investigation ready for the exam. They then studied 'Living World' examining ecosystems, rainforests and hot deserts. Embedding a range of exam practice questions throughout the topic has really supported their approach to all the types of exam questions to prepare them for their mocks.

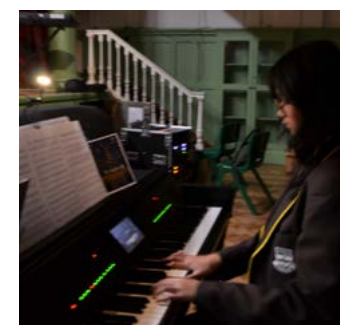


have explored the meaning of place - what does a sense of place actually mean. Students have studied Detroit focusing on deindustrialisation and current efforts of Detroit's regeneration project.

Year 13

Year 13 have been completing their Independent Investigations which are worth 30% of their A Level. They designed their own investigation on an area of their choosing. They all collected fieldwork independently and produced their report with sophisticated data presentation, analysis and evaluation. This highly valued piece of work will support them in their university and career pathways.

Music



History

Year 7

The academic year started with Year 7 students exploring life in England in 1066. In order to support their understanding, students participated in a workshop run by the National Archives on the Domesday Book - where students explored a range of sources to explore the book and what historians can learn from the source.



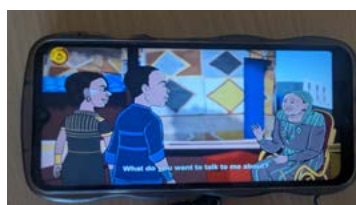
Due to recent interest in Wicked the film, **Year 8** students have been exploring why there was a witch craze in the 17th century. Furthermore, Ms Wood has also been running an Ancient History Club for Year 7 & 8 students. The students

have examined hieroglyphics, classic Roman stories and played a range of games.

Year 9 students have been exploring the legacy of the British Empire with a focus on the Caribbean and India as case studies. In order to support their understanding, students participated in an online workshop focusing on resistance in plantations which was run by the British National Archives - it was fantastic to see students apply their fantastic source skills. Furthermore, students visited the National Portrait Gallery to examine portraits and the hidden stories behind the portraits.

This term, Ms Clarkson has run the History Challenge Club. The club has been very popular and students had the opportunity to meet Dr Rodet from SOAS university who came into the school to discuss the impact of modern slavery and her interactive game on the topic. Students then had the opportunity to play her game. Students who regularly participated in the club also went to the Museum of London to participate in the Sugar and Slavery Enquiry day to develop their understanding of the transatlantic slave trade.

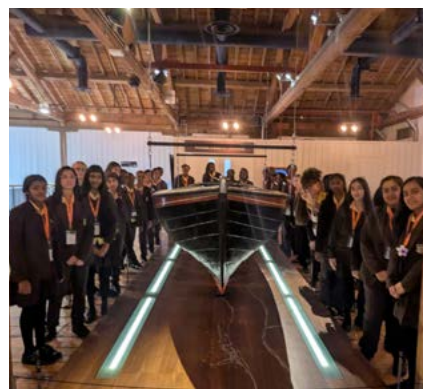
Year 10 students have started their journey for GCSE History by examining changing crimes over time in Britain. Whilst Year 11 have been focusing on the growth of the Nazi Party.



Year 12 students have been examining the current cost of living crisis and the implications for Britain based on the experience of Britain in the 1970s. Finally, Year 13 have been exploring the causes of the American War of Independence.

To help students develop their contextual understanding students watched a production of Hamilton. Also, two Year 12 students participated in the Holocaust Education Trust's 'Lessons from Auschwitz' project which saw them visiting Auschwitz in Poland.

We would like to give our **Year 11** and **13** students who have completed their mock exams a massive round of applause for their hard work - well done everyone!



Holocaust Education Trust

Our experience of participating in the Lessons from Auschwitz Programme.

'Our visit to Auschwitz enlightened us in so many different ways. We were privileged enough to be part of the Lessons from Auschwitz programme, where we had the opportunity to learn more about the Holocaust. From the experience we learnt that the Holocaust isn't just about the victims but the perpetrators, the bystanders

and the collaborators. One important moment that stuck with us was the testimony from the Holocaust survivor Eva Clarke MBE. Hearing her story of how she was born in a concentration camp days before the end of the Second World War was really moving and emotional. It is important that we keep her memories and story alive so that we honour all the victims and survivors.

When we arrived in Poland, the first place we went to was Oświęcim. In Oświęcim, there was a cemetery that we visited dedicated to Jewish people before the war. Being there was a pivotal part of the trip as it highlighted that before the Holocaust Jewish people lived regular lives. The cemetery is symbolic of the Jewish population post war (there are no more Jewish people living in Oświęcim). After the cemetery, we made our way to Auschwitz 1 (the concentration camp) where we saw the hospital where Dr. Carl Clauberg and other doctors would conduct inhuman and deadly medical experiments on people. Another notable moment was when we entered through the gates which read "Arbeit Macht Frei" which translates to "Work will set you free". This is symbolic of the lies used to mask the brutality that went in behind those gates. We also witnessed videos of what life was like before the Holocaust, as it highlighted the importance of remembering that Jewish people had intricate and unique lives before the Holocaust. This is a key take away as it allowed us to not just see Jewish life through the lens of victimhood. One thing that really stuck with us was the book of names. It wrapped around the entire room. 4 million names. This figure was shocking. As well as the fact that those names were not all of them (2 million unaccounted for). Many people's names went undocumented. Each name represents a unique identity, a unique story. Another key moment was when we entered the room full of people's shoes. Again thousands of shoes that belonged

to thousands of people. They represent their story and why we should not forget.

Lastly, we went to Auschwitz-Birkenau, the death camp. A quote that stuck with us was "those who saw the gas chambers, never saw Auschwitz and those who saw Auschwitz never saw the gas chambers." It really puts into perspective what really went on. If you take anything away from this, it is that it is our duty as the next generation to keep their stories alive'.

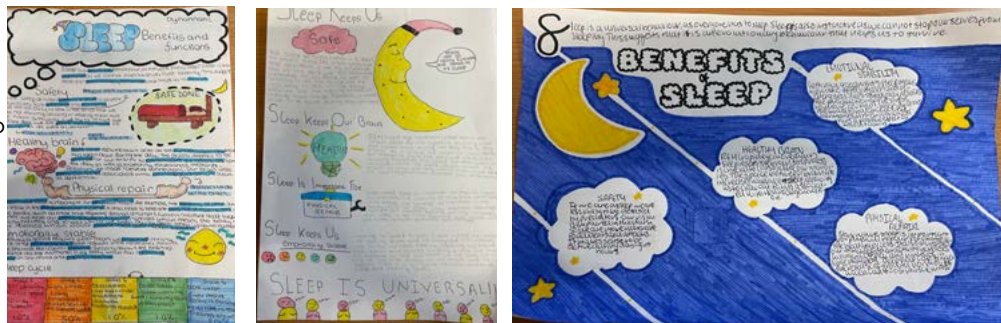
By Suriyah and Laura (Year 12)



Social Sciences



Our **Year 10 Psychology** students have made an excellent start to the GCSE course. They have been studying the Research Methods unit, gaining insight into the diverse methods psychologists use to investigate behaviour as well as critically evaluating the strengths and limitations of each method. Students have now begun their next unit, Sleep and Dreaming, where they have explored the functions and benefits of sleep, the neuropsychology that underpins sleep processes, and a range of sleep disorders and their causes. To consolidate their learning, students have demonstrated impressive creativity by producing visually engaging posters that highlight the importance of healthy sleep habits.



Our **Year 10 Sociology** students have had a fantastic introduction to the principles of sociology this term. They have learnt the key concepts and debates that underpin sociological theory and have learnt about the different research methods that sociologists use to study society. They have developed their application and evaluation skills by learning about the strengths and limitations of the various methods and considering how useful they are to sociologists wishing to study different aspects of society. Research methods are a core part of sociology and will be knowledge and skills they return throughout their study at GCSE, as they move into studying Families and Households in the new year and beyond.



Our **Year 11 Sociology** students have begun their study of Crime and Deviance. Their study of this topic was complemented by their trip to the Royal Courts of Justice in September where they participated in a mock trial in a real courtroom. Students were given the case notes, which were adapted from a real case, ahead of the trip and used this to prepare for their allocated roles in the courtroom. Students gained a valuable insight into the role of the judiciary and are able to apply this to their studies.



Our **Year 12 Sociologists** have made a fantastic start to their A-Level study and have had the opportunity to engage in the curriculum both inside and outside of the classroom. This term, students began studying the topic of Research Methods and Socialisation, Culture and Identity. Both provide a clear understanding of the foundations of Sociology including how Sociologists conduct their research

and how individuals learn key characteristics of their identity. Outside of the classroom, students have engaged in a number of super-curricular activities. This included a data challenge run by the Office for National Statistics; well done to Glory for submitting a fantastic presentation for the competition! As well as this, students also visited the High Commission of Canada to take part in a panel discussion regarding ending gender based online violence, an online focus group interviews with PHD students from UCL and a trip to the theatre to watch a production on National Identity.

Year 13 Sociology students are also studying Crime and Deviance, alongside Globalisation. Similar to our Year 11 students, they too had a tour of the Royal Courts of Justice from a former journalist and then visited The Old Bailey where they were able to see a criminal court in action. It is very important that students are able to contextualise their learning in A Level sociology, this trip gave students a good opportunity to do this and understand how the criminal justice system in the UK works.

Our **A Level Sociology and Psychology** students were taken to the Underbelly Boulevard Soho Theatre in the West End to see a fantastic one man play about football hooliganism that explored themes students learn across both social science subjects, including subcultures, identity and inequality for Sociology students and social influence and clinical psychology and mental health for Psychology students. St Angela's sat in the first two rows and benefitted from seeing issues they've studied in the classroom brought to life through the arts.



Timbers, Metals & Plastics and Product Design



Year 7 LEGO Club

A brand new lunchtime club for Year 7 has started this term. Year 7 have been creating some fantastic new lego models from the various design challenges set by them from the Year 12 mentor team. They have also begun to use the Spike Education set to create programmable Lego robots. We look to the next term where they will get involved in more Lego adventures!

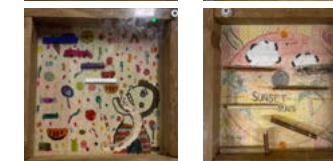


Year 9 STEM Club

STEM club in the autumn term has produced some amazing designs for christmas decorations as well as investigating and modelling a new product made from all the various resistant materials available to the students. They have had to be resourceful and creative. They will be moving on to the finances and budgeting next term.

Year 7 Maze Games

Diving straight into practical lessons, Year 7 have created some vibrant and challenging games for their first D&T project. Mr Ly has chosen his top 5:
5th: Sufi Ahmmad
4th: Luba Chowdhury
3rd: Aaisha Patel
2nd: Sophia Ruiz-Landeta
1st: Faustina Biniam
Prizes and D&T badges will be handed out to all!



Year 8 Cars

We have had some amazing new designs for the Year 8 car project, do we have a future McLaren engineering in our midst?



Mr Ly's Top 5 are:
5th: Ionna
4th: Godgift
3rd: Eloghosa
2nd: Ruth
1st: Leigh
Prizes and D&T badges will be handed out to all!

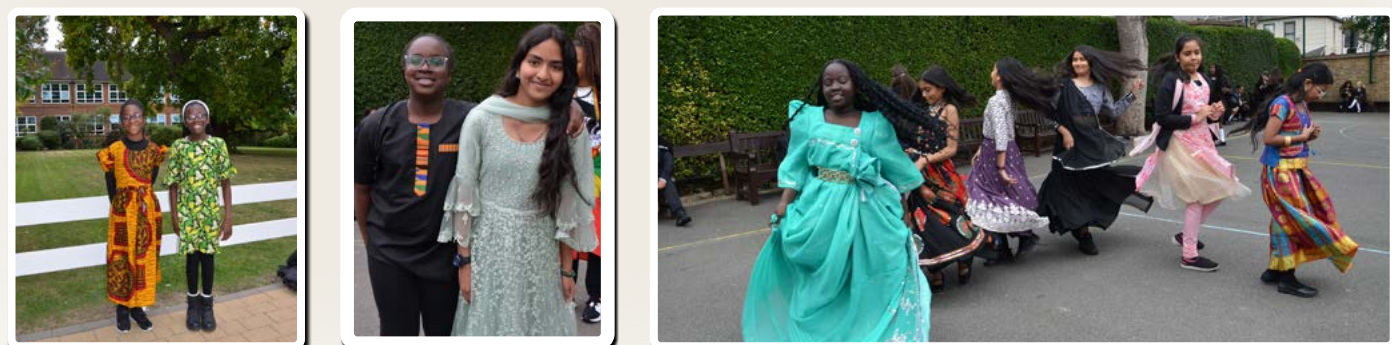
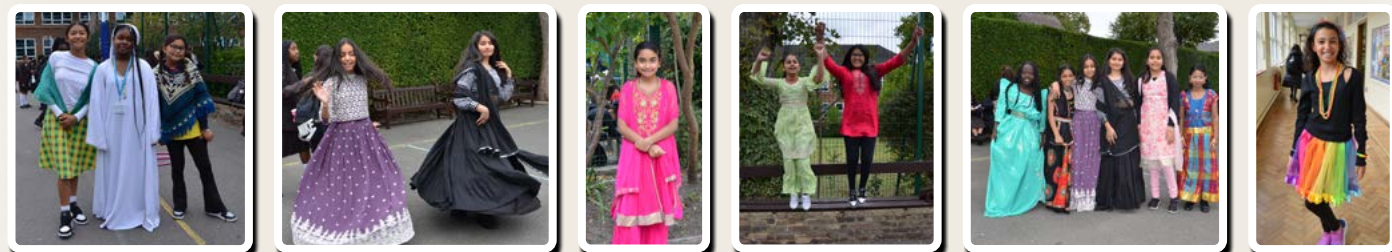


Year 10

Our new Year 10 group have been busy with their new NEA tasks and have had some time to create their own christmas tree design to test their new CAD skills



International Day of Languages 2025



MFL

Kaiserslautern Exchange 2025



Our 2025 exchange visit to Kaiserslautern, which has been running for more than 30 years with the Rittersberg Gymnasium in Kaiserslautern, provided our pupils with an unforgettable, cultural and linguistic experience, beginning the very moment they arrived on Thursday 18 September. After a warm welcome from their German partners, our Year 11 students enjoyed a walk through a small woodland area where they identified local animals in both German and English with their German partners. This early opportunity to learn through the environment set the tone for the visit. At the restaurant that evening, German and English students sat together and sampled traditional dishes such as Nudeln, Schnitzel and the popular German drink Afri-Cola. With German partners explaining the menu, students practised reading in a real-life context and discussed food culture in both countries, noting how side salads routinely accompany meals in Germany which everyone found an unexpected delight! The next morning began with a visit to our local partner school where our students took part in lessons including Maths, Science, Music and English. Many

observed striking differences between our German partner school and UK schools. They noted the more informal dress code for both students and teachers, and the five-minute breaks built into the timetable after each lesson. The chemistry lessons were particularly memorable, as German students were allowed to conduct their own experiments—an exciting contrast to the demonstration-only

approach typical in some British schools. A highlight of the visit was the art workshop at the Pfalzalerie. Guided by museum experts, pupils explored thought-provoking questions such as “What is art?” and “Can art mean different things to different people?” They examined artworks ranging from photographs and sculptures to jewellery, responding in German to questions about materials, meaning and artistic intention. One powerful piece—The Creation of Power and Destruction by Afghan artist Kubra Khademi—sparked deep conversation about artistic expression, gender and freedom. Inspired by the exhibition, students later created their own artworks using materials such as wire, foam board and spray



paint, many drawing on themes from the museum with some even carrying them all the way home to the UK. The afternoon picnic offered our students a wonderful chance to reconnect with their German partners. Traditional German dishes were again a talking point, and new German games were also introduced by our German friends. During informal interviews, students reflected on life in Kaiserslautern, noting how calm the town felt compared with London and how unusual it was to see children playing safely in the streets. They were equally fascinated by the local football culture, including affordable tickets, family-friendly matchdays and the unique pedestrian crossing near the stadium featuring a football-playing green man! Thank you to the parents who supported this trip as it really offered your daughters a memorable and meaningful encounter with German life and language that no textbook could ever hope to replicate.



Textiles

Year 7

This term we have made nearly 100 cushion covers! The students have been learning how to use the sewing machine to create their felt applique. We have had a range of designs including initials, animals, bubble tea and hello kitty!

Year 8

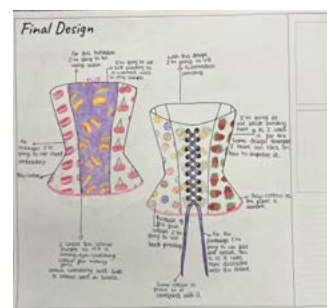
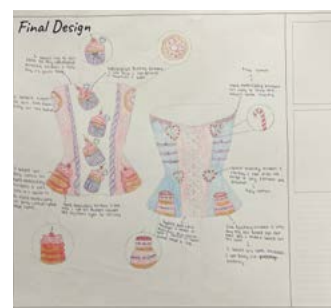
Focusing on a country of their choice students have developed their initial drawings on the computer, turning them into a pattern which was sublimation printed onto fabric. Students have also incorporated the techniques of patchwork, fabric pen and applique to create their final tote bag with pocket.

Year 9

Year 9 have become fashion and print designers, exploring the theme of fruit and vegetables to create eye-catching tops. Students have learnt about the decorative technique batik and developed their confidence on the sewing machine by adding bias binding.

KS4

Our popular KS4 course has got off to a great start! This term students have been designing and making corsets based on the theme food, with many narrowing it down further to focus on 'sweet treats'. Students design work throughout their portfolios have been a particular strength so far this term!



Food Preparation & Nutrition

New Food Room

We are very excited to announce that over the summer holidays the food room has had a complete revamp! It has been lovely to hear feedback from both staff and students to the new layout and equipment that has been installed. There has been a real buzz as students have come into lessons and seen the changes, being even more inspired to develop and challenge their cooking skill set.

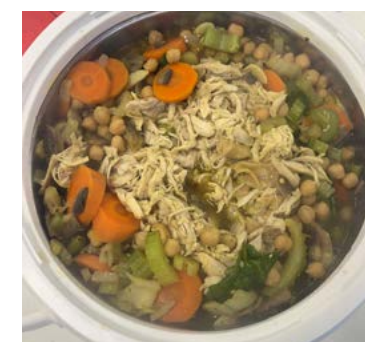
KS3

Our Key Stage 3 classes have been exploring Mexican and Italian cuisine. They have been learning about food miles, whether fresh or prepackaged food is better, as well as seasonality. Students have made a wide range of products including marinating chicken fajitas, creating a short crust pastry for empanadas and developing their nutritional understanding of macronutrients and micronutrients in their choice of burrito ingredients. As the students have become more confident in Food, new specialist equipment has been introduced such as the use of hand blenders in creating a tomato reduction sauce and pasta machines for homemade ravioli.



KS4

Our GCSE food class has been focusing on Nutrition and Health this term, exploring each of the food groups needed to maintain a healthy lifestyle. They have created a range of dishes including a high fibre pizza, exploring water content in soup, identifying vitamins and minerals in smoothies, reducing fat content in quiche, as well as the production of a low sugar Christmas cake.



Technician's Corner

The Year 10 Food GCSE students have taken over technology corner this term and want to say a huge thank you to Ms Fetuga.

They want to give their thanks for her support in making sure that all ingredients are available for practical lessons and that the food room is kept every ready for the next cooking extravaganza!

THE URSULA SUITE



BLOOMING LOVELY —GARDENING CLUB—

CIRCLE OF LIFE

Step 1 - Take a cutting

Step 2 - Leave in water, changing the water frequently

Step 3 - When your cutting has sprouted, place in soil

and make sure it is getting enough sunlight. **PHOTOSYNTHESIS!**

Step 4 - Congratulations you have grown your very own spider plant!

"Did you know that house plants improve the air quality in your home?" Sofia

"Plants breathe in carbon dioxide and breathe out clean oxygen." Leah



RECYCLE YOUR CHRISTMAS



Environmental Awareness

From investigating our atmosphere, deforestation, local and global environmental issues to learning about how to conserve our wildlife, fostering a knowledge and love of the natural world is vital in protecting it for future generations.



Recycling at Christmas

We want to encourage everyone to help our environment over the festive season! It is really easy to throw rubbish into a large black bin liner during the holiday season. We are asking you to be mindful of all the packaging, cards and boxes discarded on December 25th as it just takes a little bit of an effort to be green!



Why not send an E-Christmas card - save paper

Switch off your Christmas lights when not in use - to save valuable energy

Avoid shiny wrapping. ... You can't recycle this product!

Did you know, real Christmas trees are collected for free by your local council - they are then recycled

Avoid Christmas crackers with small pieces of plastic - these often end up in a sea, choking sea animals and fish

Discarded wrapping paper, envelopes, cards, plastic bottles, as well as clean food tins and cans in your recycling bin - they can be recycled and made into something new

Make sure that you dispose of your rubbish responsibly, break up large packaging so you can get more into your recycling bin!

And REMEMBER - please turn off the tap whilst brushing your teeth - water is an amazing resource not to be wasted!

Healthy Living



This topic enabled our fabulous Year 11 students to understand the importance of maintaining a healthy diet and recognise how diet contributes to a healthy lifestyle. Students have been working on healthy eating and all the different elements around this area including dietary choices, diets for different groups of people and body image.

Festive Fruit Kebabs

We know around the holidays it is easy to turn to cookies and chocolates especially as friends and family make and pass them around at Christmas.

So we try to come up with some less sugary ideas that we can still enjoy as a treat. Turn green grapes, banana slices, strawberries and mini marshmallows into a festive snack to enjoy while cozying up with family and friends!



Year 10 Environmental Awareness



Congratulations to our amazing Year 10 achieving their AQA certificate for their achievements in studying "Christianity and the Environment"



Peer Mentoring



This term, our Year 10 Peer Mentors have done a fantastic job at guiding and supporting the younger students to settle into secondary school life as they transition from primary school.



PEER MENTORS 2025-2026

Science

Visit to Tech Stars Programme

30 Year 9 students took part in the Here East Tech Stars programme, working in teams to design and present innovative and sustainable product ideas. Projects ranged from school kits to bamboo based keys and eco friendly ink. We are incredibly proud that Danica, Reese, Favour and Gabriella reached the final round, where they competed against other schools across Newham and Tower Hamlets. The group presented their innovative idea, "Bioluminite", a sustainable LED flashlight powered by solar energy to a panel of tech industry professionals and university experts. Their scientifically reasoned concept and strong presentation skills helped them secure an impressive 2nd place in the competition.

The programme also gave students valuable experience in the tech industry through hands-on workshops and a visit to Here East, giving them first hand experience of a tech workplace. It helped students see how Science underpins real-world technology, highlighting the relevance of their STEM learning to future careers in innovation, engineering and sustainable product design. We would like to commend all the students for the creativity, teamwork and enthusiasm they demonstrated throughout the programme.



Year 7 make a flying start to their science studies

Our Year 7 students have made an amazing start to their study of secondary science and they have been especially caught up in the topic looking at plant and animal cells. This is a really challenging topic for the students and is one of the few parts of the science National Curriculum that does not appear in primary school. To boost the understanding of the pupils, we held a competition to make a three dimensional model of a cell and the students were able to choose the type of cell that they found most interesting! It is clear that the students all made a lot of effort with their models, using materials from around the house, such as cardboard, Tupperware pots and felt. Some of the most popular models were based on specialised cells, which is a big part of the topic the classes had just covered. Specialised cells are ones that are adapted to a particular purpose in the body and you can see a variety of these cells in the pictures of the students' work.

Many of the students went on to add in detailed notes on the

functions of the parts inside the cells, known as organelles, including the nucleus and mitochondria. By doing so they proved that they were willing to push themselves to deepen and extend their knowledge beyond the demands of the course.



PE



Stranger Things: The First Shadow Theatre Visit

St. Angela's PE and Drama departments teamed up to organise an unforgettable theatre visit to Stranger Things: The First Shadow. Written by Kate Trefry from an original story by the Duffer Brothers, Jack Thorne, and Trefry, the play serves as a gripping prequel to the hit television series Stranger Things. Fifty-eight excited students travelled to the Phoenix Theatre to watch the production. They attended a special schools' matinee facilitated by Go Live Theatre, an organisation that provides discounted tickets for a variety of shows. The atmosphere was electric as students reacted to the thrilling and suspenseful moments, with tension building throughout the performance. Luna commented, "Stranger Things: The First Shadow is a bold, gripping production that delivers from start to finish. The actors provided powerful performances that kept everyone on the edge of their seat, the effects were impressive, and the story was easy to follow even if you haven't seen the series. The lighting and sound created real suspense, and the set changes were clever and smooth. The staging brings the world of Hawkins to life in a thrilling way. A must-see production that shows just how exciting modern theater can be." At the end of the performance, the students were absolutely thrilled. They loved their theatre experience and left feeling inspired by the magic of live performance.



U13 and U15 Newham Badminton Tournament

St. Angela's hosted the Newham Badminton Tournament, entering both U13 and U15 teams who were eager to compete. The format featured singles matches played by the



top two players, followed by three doubles matches, giving students the chance to showcase a wide range of skills in both singles and doubles play. The U15 team performed well, losing only one match and securing an impressive 3rd place overall. Meanwhile, the U13 team dominated their pool in the opening round, earning a spot in the final. They played with great determination and finished as runners-up (4-1), a fantastic achievement! Well done to: U15 Team: Jowita, Ugne, Annabella, Tiana and Esha. U13 Team: Sierra, Amelia, Mikayla, Alexi and Aira.

The Outrunners - Nike After Dark Tour

This term, one of our Year 7 Physical Education classes had the fantastic opportunity to take part in The Outrunners programme, which included six engaging running lessons and a Parkrun. The students showed incredible enthusiasm throughout the sessions and were thrilled to receive Nike equipment to support their running journey. The programme culminated in a Parkrun, where the students impressed everyone, so much so that Coach Sheleisa described them as "the best group they've ever had!" The final session was an Outrunners workshop, delivered in conjunction with Nike, focused on health and safety when jogging. Working in groups, students brainstormed ideas for staying safe and highlighted potential concerns when running. They also received equipment designed to help them stay safe during future runs, such as reflective straps. The students thoroughly enjoyed both the workshop and the entire course, and they are already looking forward to more Outrunners sessions after Christmas!



Associate Schools Programme

St Angela's works closely with Sadler's Wells, to embed arts-inspired activities into the school day. Together, we create more opportunities for students to watch, explore and learn through dance, drawing on Sadler's Wells' diverse artistic programme. As part of the partnership dancers took part in three events this term.

GCSE Dancers at Sadler's Wells East



The GCSE dancers were thrilled to attend a school sharing event at Sadler's Wells East. The day began with an inspiring workshop led by Jack William Parry, currently starring in Cabaret in the West End. Jack spoke about life in a professional company and guided the students through the warm-up routine used before performances. He then led a creative session, challenging the dancers and helping them develop their choreographic skills. Next, Eliana, Learning and Participation Assistant, gave the group a tour of the newly opened Sadler's Wells building, which has been in operation for just six months. They explored studios named after iconic dancers such as Martha Graham and Josephine Baker and admired the stunning Eva Rothschild tapestries displayed in the foyer. The dancers also had the chance to observe a class with the inaugural students of the Academy Breaking Convention, learning about the history and cultural significance of various social dances.

The day concluded with a sharing performance, where the GCSE dancers presented two pieces, a group dance and a trio, in front of Newham students and staff from Sadler's Wells. Their performance was met with a warm reception and glowing feedback on both choreography and execution. It was an unforgettable experience for all involved!

Nutcracker Delights with English National Ballet

St. Angela's Year 7 and 8 dancers recently took part in an exciting project, Nutcracker Delights, in collaboration with English National Ballet. The students enjoyed a dynamic workshop led by dance artist Katie and musician Reina from English National Ballet. The session began with a ballet warm-up, followed by an exploration of themes from The Nutcracker. The dancers also learned repertoire from 'The King Rat' dance in the second act. Working in groups, the students created their own interpretation of The King Rat dance, showcasing lovely creativity and teamwork.

Here is what some of the dancers had to say: Valentina: "I enjoyed the workshop as I got to work with different people and learn new styles. I liked the King Rat dance and the live music." Navanshi: "I loved the workshop and enjoyed performing our group dance. I bonded with my friend and made new friends."

Evana: "I enjoyed learning the incredible movements and the live piano music."

Paulinka: "I loved dancing in a group with live music and learning some ballet from The Nutcracker. It was really fun." Islah: "I liked expressing myself through different ballet moves. I loved obeying the 'King Rat' from The Nutcracker. It was fun and I would do it again."

Shanique: "I enjoyed the ballet workshop, it was fun and a great experience. Creating our own choreography was an amazing opportunity. Overall, I loved the session and feel blessed to have danced to live music."

Murmuration Level 2 at Peacock Theatre

Year 7 and 8 students had the exciting opportunity to attend Murmuration Level 2, a performance choreographed by French artist Sadeck Berrabah, at the Peacock Theatre.

This captivating show combined hypnotic dance with flawless synchronisation, blending elements of hip-hop, martial arts, contemporary dance, ballet, and even drawing. Toward the end of the performance, the audience joined in by learning part of the repertoire, creating a powerful and unifying moment for everyone involved.

Elizabeth shared her thoughts, "Murmuration Level 2 was incredibly satisfying to watch. The perfect coordination of hand movements, paired with the gentle, flowing motion of the feet, was absolutely mesmerising. The title 'Murmuration' reminds us of the breathtaking patterns formed by flocks of birds in flight and the performers captured that same harmony and precision effortlessly. It was a fabulous experience and definitely one of the best shows I've seen."



ZooNation: Ebony Scrooge by Dannielle 'Rhimes' Lecoite



St. Angela's students from Years 7 to 9 attended the inaugural Christmas show at Sadler's Wells East to experience the world première of Ebony Scrooge by ZooNation. This bold adaptation of A Christmas Carol combines hip hop, comedy, and physical theatre in a fresh and dynamic retelling of the classic story.

The production follows Ebony, a formidable fashion designer at the helm of a renowned fashion empire, who cancels

Christmas to focus on her landmark fashion show. Surrounded by wealth, style, and success, Ebony embarks on a transformative journey when visited by the ghosts of Christmas Past, Present, and Future, rediscovering her Caribbean roots and the true meaning of happiness. At the school's matinee performance, the atmosphere was electric. The audience was fully engaged and deeply appreciative of the artists and the production. St. Angela's students were thrilled by the show and shared glowing feedback on the way back to school.

Here are some of their comments: Aaliyah: "The show was exciting! At the start, two narrators introduced the story and characters. The dancing was inspiring, and as the story unfolded, it became emotional too."



Eliza: "I enjoyed watching Ebony Scrooge because all the artists were energetic and the costumes were vibrant. I especially loved the Hip Hop styles in the show."

Anima: "Ebony Scrooge was amazing! It was a rollercoaster of emotions. The dancing and music were incredible, and I hope to see it again!"

For many students, this was their first time at a theatre, and it was a wonderful introduction to the arts!

Newham Netball League Year 7

Our most recent game was facing Little Ilford School, we played two games against their school with our amazing students winning a whopping 9-1 and our second game, in which many of our students made their netball debut, a very close 2-2 draw! Arayah and Ariana C received both of the POTM awards! An absolutely amazing start to the season! Well done Year 7! Congratulations to Amelia, Arayah, Ariana, Anima, Angellyn, Ariana, Teagan, Kaira, Sadah, Elsie, Haylie, Shanique, Florence, Elsie, Irene-Favour and Georgina. Our Year 7 students have been working hard in training, preparing for the competitive Newham Netball League. For many, this was their very first experience playing netball, yet they came together as a team and collaborated so well.



Our opening match was against Sarah Bonnell. The team felt a mix of nerves and excitement but they were ready! After the first quarter, we were leading 3-0, and the players could hardly believe it. They kept up the momentum and secured an outstanding 7-0 victory in their debut League game! Haylie was awarded Player of the Match (POTM) by Sarah Bonnell

for her fantastic attacking play. We carried that energy into our next game against Plashet School, earning a solid 3-0 win with Arayah receiving POTM. Most recently, we faced Little Ilford School in two matches. Our students dominated the first game with a 9-1 win, and in the second, where many made their netball debut, we battled to a 2-2 draw! POTM awards went to Arayah and Ariana C for their outstanding performances. What an incredible start to the season. Well done to Amelia, Arayah, Ariana, Anima, Angellyn, Teagan, Kaira, Sadah, Elsie, Haylie, Shanique, Florence, Irene-Favour, and Georgina.



Year 8

After finishing last season in 3rd place, our Year 8 team came back determined to do even better! We started off with a game against Sarah Bonnell. It took a little while to find their rhythm, but once they did, they played fantastic, clever netball against a strong opponent. Our shooters had plenty of opportunities to score and they took them, giving us an early lead. We held onto that lead and extended it, finishing the game 4-1! Alexie earned her first Player of the Match (POTM) nomination of the season. Next up was Plashet, a very strong

team. Going into the final quarter, the score was tied at 3-3. In that last quarter, the lead slipped away, and we ended up losing 6-4. Still, there were so many positives to take from the game. Our next opponent was Little Ilford, and we scored a last-minute winner to take the game 1-0! Congratulations to Alexie, Janelle, Ruthie, Emily, Candice, Aisha, Senely, Amiyah, Shayden, Faiza, and Aaliyah!

Year 10

Our Year 10 team kicked off their season with a highly competitive game against Sarah Bonnell. The students knew Sarah Bonnell had taken the win last year, so they were determined to turn the tables this time.

They showed an impressive attacking presence, creating a positive energy throughout the game, lifting each other up and staying motivated. The match was back and forth, with great defensive efforts from both teams. In the end, our Year 10 team secured the win with a final score of 3-2. We are so pleased with the progress we've made since last year, and the team was thrilled to start the season with a victory! Well done to Ebehita, Ugne, Shanika, Ife, Shiloh, Rayyan, Angela, and Jessica!



Basketball Highlights: Dynamik Cup U14 Team



Our U14 Basketball team entered an exciting new competition this year, the Dynamik Cup and showcased their skill and determination. The team faced four strong opponents:

Brampton Manor Academy, Riverside School, Chadwell Heath Academy, and Redden Court. In the first two games, we scored over 15 points each, and as the competition progressed, the team demonstrated outstanding resilience, narrowly losing to Chadwell Heath Academy 40–35. This newly formed squad, made up of Year 8 and Year 9 students, has shown exceptional teamwork both on and off the court. Their commitment to improving their skills through extra training outside school has paid off, giving them great stability as a team. Well done and good luck in the New Year to Temitope, Rachael, Omotunmise, Tamiyah, Adeola, Naa, Rebecca, Dorcas, Elinam, Mikayla, Constance and Sierra.

Dynamik Cup U16 Team



Our U16 Basketball team played their first two Dynamik Cup games against Riverside and Cardinal Pole. Despite a tough loss to a very strong

Riverside team, they bounced back brilliantly, beating Cardinal Pole by 4 points! The team showed incredible perseverance and ended the year on a high note. Well done to Ebehita, Shanika, Anne, Neeriah, Angy, Ifeoluwa, Bracha, Katerina.

Newham Cross Country Championships

On 15th October, the annual Newham Cross Country event took place at Wanstead Flats. The Year 7 students raced first, and although they were nervous, they had a fantastic start. Chiamaka secured a spot near the front of the leading group, keeping up with a quick pace, while Sadah was close behind. As they approached the closing lap, the students gave it everything they had and crossed the finish line exhausted but proud of their accomplishment. Chiamaka finished 2nd, which was an outstanding achievement, and all the students gave their best effort. Next up were the Year 9 students, looking for redemption from last year. Once they found their rhythm and settled into the race, they showed real determination. Zoey finished 4th, and the rest of the team were not far behind, another fantastic effort!

Newham League U12 Team

Our U12 Basketball team made their debut in the Newham League, playing their first-ever games against Langdon Academy and Brampton Manor Academy. In a triangular fixture at Brampton Manor, the team scored 12 points in both games, narrowly losing to Brampton by just two baskets in a thrilling contest.

This was a fantastic start for our U12s, who displayed resilience, teamwork, and excellent communication skills. Their hard work in training is evident, and we're excited to see their continued progress! Well done to Maia, Mya, Sana, Safa, Abigail, Aisosa, Eliza, Manuela, Michelle, Aminata, Mahzala.

Jr. NBA 3v3 Coaching Session

Thirty-two St Angela's students visited Leyton Score Centre to participate in a training session run by the NBA. Upon arrival, all students received an NBA 3v3 T-shirt. They then headed onto the court and took part in coaching sessions focused on dribbling, passing, movement, and shooting. Students rotated through a circuit of different stations, and at the end of the circuit, they played a quick format 3v3 competition in groups, competing against one another. The students thoroughly enjoyed their morning, and we now have some new recruits for the basketball club! Ebehita commented "I had so much fun as I was able to play basketball with my friends and do challenges. I also met female GB basketball players, which was very inspiring. Furthermore, I got to use a GoPro, which was really fun." Temi said "It was very inspirational as I met female basketball players, which encouraged me to try and progress in basketball." Sinai mentioned "I found this really fun and exciting. I am super grateful as I developed new basketball skills." Mesha added, "I found this experience very fun and educational, helping me improve my basketball skills."



Finally, we had the Year 10 race, which featured eight runners. The distance had increased by an extra lap compared to last year, making it even more challenging. The students persevered and delivered strong finishes. Congratulations to:
Year 7: Chiamaka, Sadah, Amelia, Precious, Rhiane, Zoey and Zara.
Year 9: Megan, Fatima, Gosia, Zoey, Rebecca, Temi, Frances and Gift.
Year 10: Joy, Anne, Toni and Ife.

Lee Valley Indoor Athletics

Both the Year 8 and 9 and Year 10 and 11 athletics teams have started their season at Lee Valley Athletics Centre for the School's Cup Athletics competition. The event saw strong competition from schools across London and Essex, but some of our athletes stood out with their incredible performances. A special shout-out to Mariah, who stormed to 1st place in the 60m race with an astonishing time of 8.15s, and Ebony, who claimed 2nd place with an impressive 8.27s. The Year 10 and 11 team narrowly missed qualifying for the finals, yet delivered a very good result, finishing 3rd in the group stages. Congratulations to all our athletes, as you've made St Angela's proud! Year 8/9 Team: Frances, Gift, Temitope, Dorcas, Michelle and Mariah. Year 10/11 Team: Ebony, Nicole, Destiny, Alexia, Mesha and Luana.

Year 7 Sportshall Athletics

Our Year 7 students showcased their incredible talent at the Newham Sportshall Athletics competition held at Langdon Academy. The field events were a huge success, with St Angela's taking first place in every single event, putting us in a strong position heading into the track races. The students continued to impress with multiple first and second-place finishes, and the relay team stormed to victory in first place. After a day's wait for the final results, we were thrilled to announce that St Angela's convincingly won the Year 7 competition, securing a spot in the finals! Congratulations to Karis, Divine, Charlotte, Amelia, Navaeh, Priscilla, Rhianne and Emilia.



Year 8 Sportshall Athletics

Our Year 8 athletics team, reigning London champions, began their journey to defend their title by competing in the borough league. The team entered the competition with confidence, but faced tough opposition. They excelled in the field events with multiple first and second-place finishes, giving us a strong start before the highly competitive track races. Despite fierce competition, St Angela's delivered an outstanding performance, securing first, second, and third places across several events. This year's borough athletics proved challenging, but our team showed resilience and determination, winning the first fixture by just two points, an excellent start for the reigning champs! Congratulations to: Candice, Cleris, Elishva, June, Faiza, Eliriana, Alexie, Angel, Arella, Anne-Marie, Jannat and Samuela.

London Youth Games Adapted Festival

Year 7 and Year 8 students had the amazing opportunity to take part in the London Youth Games Adapted Festival. This event gave students the chance to try out a variety of sports they might not normally experience at school. It was a fantastic day, with coaches from across the country coming together to teach over 100 students from different schools. Our students enjoyed activities such as tennis, blind football, rowing, dance, self-defence, wheelchair basketball, hockey, and squash. The feedback from students was incredible:

"It was an amazing experience and I even managed to score a goal in blind football!"
"I enjoyed all the sports we did today, but I thought tennis was amazing! I really enjoyed working with other students at each activity." Seeing our students experience new sports was truly inspiring. From jiu-jitsu to blind football, every activity brought excitement and smiles. A personal highlight was the competitive spirit during hockey! Overall, it was a brilliant day, and we are already planning to take part in future festivals. Congratulations to: Chizaram, Shayna, Grace, Athena, Laila, Anabelle and Nyla



spirit during hockey! Overall, it was a brilliant day, and we are already planning to take part in future festivals. Congratulations to: Chizaram, Shayna, Grace, Athena, Laila, Anabelle and Nyla

London Youth Games Bowling Panathlon

It was that time of year again when some of our Year 9 and 10 students took part in the London Youth Games Bowling Panathlon. With over ten schools competing, the stage was set for a fantastic contest!

Our students were brilliant throughout the day, hitting multiple strikes and spares and showing great team spirit. A special shout-out to Nana, who joined the 100 Points Club, giving us a strong advantage in the final standings. The atmosphere was electric, with students cheering each other on and celebrating every strike with huge smiles. When the results came in, St Angela's secured 3rd place, an excellent achievement and an improvement on last year. All participants received bronze medals and certificates, with Nana earning an extra certificate for her outstanding score. Overall, it was a fantastic event, and every student had an amazing time! Congratulations to Nana, Laaiba, Za'karia, Kervelle, Sonia and Maureen.



GCSE PE Students Explore University of East London

Our GCSE PE students had an incredible opportunity to visit the University of East London and gain insight into future pathways in sport and exercise. The day began with a tour of the university and its impressive sports facilities, followed by three engaging sessions: Sport, PE & Development/ Coaching where students were introduced to the programme and even planned and coached a training session for their peers. Sport & Exercise Science Lab. This session focused on fitness testing, where students used specialist equipment to measure their performance against national averages, directly linking results to their current GCSE Physical Education studies. Sports Therapy &

Rehabilitation Lab. Students explored the Sports Therapy course by measuring ankle movement during plantar flexion and dorsiflexion, gaining hands-on experience with professional techniques. Throughout the day, students interacted with lecturers, asked questions, and learned about the different routes into sports-related careers. Ana Maria shared, "I loved it so much! I'm probably going to go to that university, it was an amazing experience." Tiana added, "It was the best trip I've been to! I really enjoyed the fitness training session and using their equipment." This visit offered a fantastic glimpse into where GCSE Physical Education can lead and inspired many of our students to think about their future in sport.



Improving Physical Education for Muslim Girls Conference

On 3rd December, St. Angela's students visited the London Stadium to take part in the Nike and Youth Sport Trust programme aimed at improving Physical Education experiences for Muslim girls. The day began with an inspiring panel discussion featuring Sabah Mahmood, Intisar Abdul-Kader, and Jawahir (JJ) Roble, hosted by Nesrine Dally. Here they explored themes to improve access to Physical Education for Muslim girls. This was followed by a Q&A session where students asked questions about sports, personal challenges, and life experiences. Next, students joined interactive sessions to share their own experiences at school and hear perspectives from peers at other schools, while teachers attended a separate workshop. In the afternoon, students worked on creating suggestions and action plans to improve Physical Education in their schools. The day concluded with a special visit to the stands for a view of West Ham's pitch. Students had a fantastic day and here are some of their comments: "The workshop was a very fun and inspiring way to encourage physical activity. It was very informative on Islam's take on sports and allowed us to realise our suggestions are being validated." Zainab M. Najat said "the trip was so fun! The activities were very enjoyable, like the snowball fight. The people we were working with were very supportive." "I really enjoyed it. My favourite activity was the hula hoop game - it encouraged teamwork and collaboration" commented Zahra. Finally Aleeza mentioned, "I enjoyed talking with the athletes and learning about their backgrounds and how they reached this stage in their lives. Overall, I had a great time with the activities."



GCSE PE Students - Tottenham Hotspur Stadium Experience

On 24th October, three of our dedicated GCSE Physical Education students, who have shown outstanding commitment to the school football team since Year 7, enjoyed an unforgettable day at the Tottenham Hotspur Stadium, thanks to an invitation from The Outrunners to attend a special Nike event. The day began with a Q&A session with Tottenham legend Osvaldo "Ossie" Ardiles, a former player and manager. Students had the chance to hear inspiring stories and ask questions about his incredible career. Next, we headed to the training pitches, where the students met the first team and manager, Thomas Frank as they arrived for training. They even brought items for the players to sign, a memory to treasure! To top it all off, the students watched the first team train, witnessing elite-level football up close. This was truly a once-in-a-lifetime experience and an amazing way to end the first half term.



Year 10 and 11 English Schools' Football

Our Year 10 and 11 football team kicked off the season with an away fixture in the English Schools' National competition against Saunders Drapers School. The first half started shakily, with Saunders Drapers scoring an early goal. However, St Angela's fought back, and a brilliant strike from Tapiwa brought the score level at 1-1 going into halftime. In the second half, the team showed excellent defensive work and fantastic resilience, creating multiple chances on the counterattack. Unfortunately, a late penalty due to a handball saw Saunders Drapers edge ahead, and despite our best efforts, we couldn't find the equaliser. The game ended 2-1, but it was a great display of determination and teamwork. The squad now looks forward to carrying this fighting spirit into the Newham League, aiming for that first win of the season! Well done to Ebony, Nicole, Tiana, Thalia, Tapiwa, Skye, Vanessa, Alexia, Noelia, Luana and Michaela.



Year 7 and 8 Newham Football league

This year, the Newham Football League is divided into East and West, with schools competing to win their group stage and secure a place in the finals to be crowned Borough Champions. The Year 7 and 8 teams had to wait a while for their first game, but it was worth it as they faced Forest Gate School and what a game it was! Our students delivered a brilliant performance, leading to a convincing 2-0 victory with goals from Anima and Beverley. The defence was outstanding, with Forest Gate failing to register a single shot on target. It was a phenomenal start to the Borough competition, and the team looks very strong. The students are now looking forward to the remaining fixtures, hoping to be crowned Borough Champions. Congratulations to: Allyson, Adel, Beverley, Ale'Aisia, Precious, Avery, Elsie, Anima, Maia, and Nael-Belle.

Media Studies

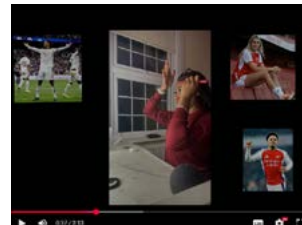
Our Year 10 BTEC cohort have started the year splendidly as we begin our 'journey' into Component 1. This year the exam board brief is based on the theme of 'journeys' with students making decisions on the media products they are going to write reports on.

In addition the department has successfully relaunched its year Thursday 10 film club, which included a screening of episode 1 of the final season of Stranger Things. Hawkins came to Forest Gate!

The Year 11 group have this term been planning, shooting and editing their component 2 practical productions. This year the brief wants the students to produce media that is 'impartial'. This has led to work across a variety of genres and media forms including documentaries,

short films and magazines. It is hoped the students can match the fantastic grades they achieved for component 1 in year 10.

Our Year 12 A Level group have eased into the rigour of post 16 learning. At present the group have covered a number of topic areas including, music video, advertising and newspapers. It is hoped that they can replicate some of the grades they have been achieving this term in the forthcoming year 12 winter exams in January.



Computer Science

Year 7

Year 7 students began their computer science journey at St Angela's by focusing on e-safety and how they can stay safe online. They have also been looking at their digital footprint and how they can limit the impact of their digital footprint, and how they can keep their digital footprint safe.

Year 8

Year 8 students have been exploring how the CPU (Central Processing Unit) works within a computer systems and the components that make up a CPU. Students have been looking at how primary memory and secondary storage work together to increase the performance of a computer systems and the characteristics of secondary storage and what they should look for when buying different secondary storage devices.

Year 9

Year 9 students have been exploring how data is represented in computer systems and how images, video and sound is stored within a computer system. They have been learning how to convert denary numbers into binary, adding binary numbers

together, converting between hexadecimal and binary, as well as hexadecimal to denary. They have also started their advanced programming unit which will see them build upon what they learnt in previous years and include iteration and arrays.

Year 10

Year 10 have made a fantastic start to the academic year and their GCSE studies exploring the Von Neumann computer systems architecture and the way that computer systems memory and storage works. They have been looking at the different types of hardware and software, the way the computer systems using the different types of primary and secondary memory and how all these work together in increase the performance of the CPU.

Year 11

Year 11 have had another fantastic start to the academic year and have been exploring different programming constructs, sorting and searching algorithms, how to use a trace table within a program to identify any logical errors. They have been writing some fantastic code.

Year 12

Year 12 have been exploring the characteristics of contemporary processors, input, output and storage devices and how these could be used to exchange data. They have been at software and software development as well as how databases are designed and used within businesses. Moving on they explored the legal and ethical issues relating to computer science and how technology can have an impact on culture and social aspects of people's lives.

Year 13

Finally, Year 13 students have been continuing to explore how to problem solve using programming, different types of processors and different sorting and searching algorithms. They have been looking at the more advanced programming method of object oriented programming. The Year 13 have been developing their programming project to include all the skills that they have been learning and the department is delighted with the progress they have made and the solutions that they are coming up with.

Mental Health Awareness

Antibullying Week

Our Year 10 peer mentors co-planned a week of assemblies and activities to share how we can use our 'power for good' to reduce conflict and bullying.

'Power isn't just about being strong or in charge. It can be quiet, everyday things—like choosing to include someone, speaking up when something's wrong, or even just listening. We all have power, in different ways.'

'We need to use our power to make change for good - think back to the passage about Jesus cleansing the temple - he absolutely was taking a risk, He absolutely was putting himself in the firing line but he made the choice because it was the right thing to do for the people'

Ambassadors for Mind matters

'Being a mental health ambassador has influenced the person I am today. It has taught me to be more empathetic, helping me to understand and support others with compassion and without judgement. In St Angela's, students know that they aren't alone and are welcome to speak to anyone at any time. With this role, serviam, resilience and courage are qualities I have instilled in myself. It has sharpened my communication skills, from speaking openly in meetings with fellow BAMB ambassadors to presenting assemblies in front of large audiences. I have become a confident individual who is now prepared to lead with kindness and advocate for others. This role has also helped me to reflect on my own mental well-being, developing healthy coping strategies and building my resilience'

Toheeb A yr 13

#HelloYellow

St Angela's





Jesus, Mary and Joseph,
I give you my heart and my soul.
Jesus, Mary and Joseph,
assist me in my last agony.
Jesus, Mary and Joseph,
May I breathe forth my soul
in peace with you.
Amen



School returns on **MONDAY 5th JANUARY 2026**