

# OLIVE @ ST ANGELA'S URSULINE

## AUTUMN MENU

WEEK 1

MEAL DEAL

£



APPLES  
SEPTEMBER



ROCKET  
OCTOBER



BUTTERNUT SQUASH  
NOVEMBER



BRUSSEL SPROUTS  
DECEMBER

WHATS IN SEASON...

MON

TUES

WED

THURS

FRI

MAIN

Chicken Tomato & Basil Pasta served with Garlic Bread (G, MK, SE)

Sausage & Mash with Onion Gravy (CE, G, MK, SU)

Roast Turkey, Stuffing, Cranberry Sauce & Roast Gravy (G)

Beef Chilli Con Carne with Rice & Sour Cream (CE, G, MK)


"Catch of the Day" with Fresh Minted Mushy Peas & Homemade Tartare Sauce (E, F, G, SU)

VEGGIE

Chickpea Ratatouille with Garlic Green Beans

Beetroot & Red Onion Tart with Side Salad (G, SU)

Sweet Potato & Mixed Bean Wellington (CE, E, G, MK)

Vegetable & Bean Jambalaya (CE, MU) 

Katsu Spiced Bean Burger (G, SE, SO)

COOK STATION

Classic Hot Dog with Slaw & Wedges (CE, E, G, SE)

Honey Harissa Chicken with Courgette Tzatziki & Turmeric Rice (MK, SU)

Kung Pao Fish with Sticky Rice (CE, F, G, MU, SO)

Turkish Chicken Kebabs with Tomato Wheat Pilaf (G, MK)

"Chefs Choice"



PUD

Toffee Pear Crumble with Cream (G, MK)

Carrot & Sultana Cake with Custard (E, G, MK)

American Pancake with Berry Compote (E, G, MK)

Lemon Cheesecake (E, G, MK, SO)

Chocolate & Banana Sponge with Chocolate Sauce (E, G, MK)

COLD SELECTION: BAGUETTES · SANDWICHES · SALAD BOXES · FRESH FRUIT · YOGURT POTS

ALLERGENS KEY

CE - CELERY  
CR - CRUSTACEAN  
E - EGGS

F - FISH  
G - CEREALS CONTAINING GLUTEN  
L - LUPIN

MK - MILK  
MO - MOLLUSCS  
MU - MUSTARD

N - NUTS  
P - PEANUTS  
SE - SESAME SEEDS

SO - SOYA  
SU - SULPHUR DIOXIDE

Go Vegan



Olive dining

TB

Theatre Bar

# OLIVE @ ST ANGELA'S URSULINE

## AUTUMN MENU

WEEK 2

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MAIN

Chicken Jalfrezi with  
Steamed Rice  
(G)

Beef & Roasted Veg  
Lasagne with Garlic  
Bread  
(E, G, MK, SE)

Roast Garlic &  
Thyme Chicken with  
Roast Gravy

Chicken Parmigiana  
with Herby Roasted  
Potatoes  
(CE, G, MK)


"Catch of the Day" with  
Fresh Minted Mushy Peas  
& Homemade Tartare  
(E, F, G, SU)

VEGGIE

Spinach, Sweet  
Potato & Lentil Dhal  
with Naan  
(CE, G, MK)

Spinach & Feta Pie  
(G, MK)

Quorn Meatloaf with  
a Tomato & Basil  
Sauce  
(CE, E, G, MU)

Grilled Courgette &  
Mushroom Tacos  
(G) 

Macaroni Cheese  
with a Herb Crust  
(G, MK)

COOK  
STATION

Chimmichuri Beef  
Burger with Wedges  
(CE, G, SE, SO, SU)

Jerk Chicken with  
Rice & Peas

Tandoori Fish with  
Green Chilli & Coconut  
Rice  
(F, G, SU)

Beef Meatball Tagine  
with Spiced Cous  
Cous  
(CE, E, G, SO)

"Chefs Choice"



PUD

Banana & Cranberry  
Sponge with Vanilla  
Sauce  
(E, G, MK)

Dutch Apple Tart  
with Cream  
(E, G, MK)

Sticky Toffee  
Pudding with  
Butterscotch  
(E, G, MK)

Mixed Fruit Crumble  
with Custard  
(G, MK)

Eton Mess  
(E, MK)

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MAIN

Cajun Chicken  
Gumbo with  
Spiced Rice  
(CE, G, MU)

Thai Red Fish Curry  
with Lemon Scented  
Rice  
(F)


Roast Beef, Yorkshire  
Pudding, Horseradish  
Sauce & Roast Gravy  
(E, G, MK, MU)

Spaghetti Bolognese  
with Garlic Bread  
(G, MK, SE, SU)


"Catch of the Day" with  
Fresh Minted Mushy Peas  
& Homemade Tartare  
(E, F, G, SU)

VEGGIE

Frittata of Onions,  
Peppers &  
Spinach  
(E, G)


Mushroom &  
Quinoa Burger with  
Relish   
(G, SE)

Vegetable Sausage  
"Toad in the Hole"  
with Gravy  
(E, G, MK)


Vegetable & Bean  
Chilli with Rice  
(CE, G) 


BBQ Chickpea &  
Cauliflower Flat-bread  
with Avocado Smash  
(CE, G, MU)

COOK  
STATION

Reggae Reggae  
Mixed Bean Sub  
with Slaw  
(CE, E, G, SE)  


Piri Piri Chicken Leg  
with Seasoned Wedges  
(MU)  


Vietnamese  
Veggie Hot Pot  
(CE, G, SO)  


Chicken Shawarma  
with Roasted  
Vegetables & Flatbread  
(G, MK, SU)  


"Chefs Choice"

PUD

Oatey Apple  
Crumble with  
Custard  
(G, MK)

Chocolate & Orange  
Marble Cake with  
Chocolate Sauce  
(E, G, MK)

Lemon Meringue Pie  
(E, G, MK)

Pear Crumble Cake  
with Cream  
(E, G, MK)

Peach & Caramel  
Cheesecake  
(E, G, MK, SO)

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